



**Mon 5<sup>th</sup>** – 12.30 funeral in St Pauls Church

2pm You are invited to the cuppa, chat and community group in St David's Church. A representative from St John's Ambulance will be training on the use of a defibrillator. Donations to St John's Ambulance will be gratefully received

**NO 8pm** Julian Group tonight – no meetings in August

**Tues 6<sup>th</sup>** – Clergy all away at Clergy Retreat until the 8<sup>th</sup>

No Wholeness and Healing service in St Davids Church today

7.30pm All Saints House Group meet tonight and Tues 20<sup>th</sup> August @ Glan Dwr – more details from Andrew James

**Wed 7<sup>th</sup>** – 10am Wednesday service at 10am in All Saints Church with Rev John Stone today

11am St Davids Church open for prayer from 10am and Bible Study in Church from 11am - they are following the DVD Living Christianity with Bible readings and discussion

7pm Bible Study in St Davids Church – The Chosen

**Thurs 8<sup>th</sup> August** – St David's Church is open for prayer between 10am and 12 noon

10.30am Mid-week service in St Pauls Church – followed by a cuppa and chat – with Rev John Stone today

**Friday 9<sup>th</sup>** – 10am service in St Davids Church this week – followed by refreshments & friendly fellowship – taken by Rev Noel Carter this morning – please join the friendly Friday crew if you can

**Sat 10<sup>th</sup>** – Happy Saturdays BBQ St Grwsts Church at 4pm more details from Rev Sarah

**Looking ahead – Diary dates:**

**Wednesday 14<sup>th</sup> August** – 6.30pm St Hilarys Churchyard Worknight – please bring your own tools

**Thursday 15<sup>th</sup> Aug:** Join us for a Mission Area Solemn Eucharist celebrating the Feast of Mary, Mother of our Lord. 7pm in St Michael and All Angels Church, Llandudno Junction. Everyone welcome

**Sat 17<sup>th</sup> August** – 12 noon wedding in St Martins Church, Eglwysbach

**Sunday 25<sup>th</sup> August 11am St Davids** will be hosting their outdoor service with Beulah Brass Band, followed by a BBQ, a warm family welcome to all. Please note there will be no 8am service in SDs today and no Café Church

Grace and Ben have invited everyone to join them for their wedding service in St Asaph Cathedral on **31<sup>st</sup> August**.

**Readings for the Sunday 11<sup>th</sup> Aug:** 1 Kings 19. 4-8, Psalm 34. 1-8, Ephesiand 4.25-5.2, John 6. 35, 41-51

**Daily Reading Pledge:** Our new book is 2 Corinthians. Mon 8: 1-15, Tues 8: 16-24, Wed 9: 1-15, Thurs 10: 1-18, Fri 11: 1-15, Sat 11: 16-33 A meeting is scheduled in the school room on Saturday 7th September from 2pm for a meeting regarding going forward with the bible pledge. Please contact me on [karenp44@outlook.com](mailto:karenp44@outlook.com) if you have any ideas about the group moving forward.

**Prayers are asked for:** Norman Haines, Doreen Williams, Michael Horner, James Stewart, Alan & Adrina Price, Andrew James, Shirley Lucas, Mavis McMutrie, Rhiannon Thomas, Ian Evans, Jane Seddon, Steve Noble, Mari Pearn, Dilys Davies, Beryl Jackson

**Prayer Intentions for this week:**

For our clergy team, as they take time out this week for refreshment and renewal; for our retired clergy who support our church life across the Mission Area; for all who have leadership roles within our church communities.

For all those who play a part of the life of our churches; Mandy Mission Area Administrator; Mission Area Wardens, Treasurer and Finance Officer; for all the wardens, treasurers, secretaries, committees and congregations.

May all those involved in our church life know the strength and encouragement that comes from serving God, and showing and sharing his love and care with the world.

**PARISH OFFICE CONTACT DETAILS** Ring: 01492 541615

Tues Wed or Thurs mornings or [office@aberconwy.church](mailto:office@aberconwy.church)

*The Parish office will close for a week from lunchtime on Thursday 15<sup>th</sup> August and will re-open on Tues 27<sup>th</sup> Aug*

For urgent matters, please contact one of our Clergy Team or Lay MAL Dilys Stone 01492 879997

**Related The Tenth Sunday after Trinity**

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

A reading from Exodus (16.2-4, 9-15)

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining." And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud.'

The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God."'

In the evening quails came up and covered the camp; and in the morning

there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was.

Moses said to them, 'It is the bread that the Lord has given you to eat.'

This is the word of the Lord.

**Thanks be to God.**

Psalms 78. 23-29

23 Yet he commanded the skies above, and opened the doors of heaven;

24 he rained down on them manna to eat, and gave them the grain of heaven.

25 Mortals ate of the bread of angels; he sent them food in abundance.

26 He caused the east wind to blow in the heavens, and by his power he led out the south wind;

27 he rained flesh upon them like dust, winged birds like the sand of the seas;

28 he let them fall within their camp, all around their dwellings.

29 And they ate and were well filled, for he gave them what they craved.

A reading from Ephesians (4.1-16)

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace.

There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.)

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

This is the word of the Lord.

**Thanks be to God.**

Listen to the Gospel of Christ according to St John (6.24-35)

**Glory to you, O Lord.**

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?'

Jesus answered them, 'Very truly, I tell you, you are looking for me, not because

you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.'

Then they said to him, 'What must we do to perform the works of God?'

Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.'

So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat."'

Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.'

They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord. Amen.



# **COMMUNITY AFTERNOON TEA**

**ST DAVIDS CHURCH HALL PENRHYN BAY**

**THURS 1<sup>ST</sup> AUG**

**from 2 til 3.30pm**

**£5 PER PERSON - PAY ON THE DAY**