

## Regular services in our churches

### *Croeso i bawb - All welcome*

#### Regular Sunday Services:

|          |                                                                                                                             |                                                                                                                                               |
|----------|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| 8 am     | Holy Eucharist at St Hilary's (1st and 3rd Sundays)<br>Holy Eucharist at St David's (every Sunday but not 28th December)    |                                                                                                                                               |
| 9.30 am  | Holy Eucharist at St Cystennin's (Morning Prayer on 2nd Sunday)<br>Holy Eucharist at St Grwst's and St Michael & All Angels |                                                                                                                                               |
| 10.30 am | Holy Eucharist at St Paul's                                                                                                 |                                                                                                                                               |
| 11 am    | Holy Eucharist at All Saints, St David's and St Hilary's*                                                                   |                                                                                                                                               |
| 11.15 am | Holy Eucharist at St Ffraid's                                                                                               | *****<br>★ Please see Page 5 for details ★<br>★ of services over the Christmas ★<br>★ period including Sunday 28th ★<br>★ December ★<br>***** |
| 2 pm     | Holy Eucharist at St Martin's                                                                                               |                                                                                                                                               |
| 4 pm     | Cymun Bendigaidd at St Hilary's (4th Sunday but<br>not in December)                                                         |                                                                                                                                               |
| 6 pm     | Café Church in St David's Hall (last Sunday but<br>not in December))                                                        |                                                                                                                                               |

#### OTHER REGULAR SERVICES, GROUPS etc.:

(Further details on other pages)

Holy Eucharist: - Wednesday 10 am All Saints and St Ffraid's; Thursday 10.30 am St Paul's;  
Friday 10 am St David's (not 26th December)

Healing Service - 10 am Healing Eucharist on first Friday of the month at St David's

Morning Prayer: Said in St David's at 9.30 am most Tuesday mornings - check Pew News

Sounds of the Eternal - Sound bath meditation in St Grwst's Fridays at 2 pm (except 26th December)  
and also once a month on a Saturday at St Ffraid's at 6 pm (not in December)

Service of Holy Eucharist at St David's Hospice, Abbey Road, every 2nd Wednesday of the month at 2 pm

Whosoever J3:16 - LGBT+ community and friends service: 13th December and 17th January at All Saints  
Deganwy - contact [SarahHildreth-Osborn@cinw.org.uk](mailto:SarahHildreth-Osborn@cinw.org.uk) for details

Julian Group - 8 pm Mondays (not 22nd or 29th December) by Zoom [lindamaryedwards@yahoo.co.uk](mailto:lindamaryedwards@yahoo.co.uk)

WhatsApp prayer group: for prayer and to share reflections - contact Mandy in the Parish Office to join

St David's Church open Tuesdays, Wednesdays and Thursdays 10-12 noon (not week beg. 29th Dec)

St David's Church Hub Prayers - 11.00 am on Tuesdays (not 30th December)

All Saints' House Group 7.30 pm Tuesdays fortnightly contact [efi.james@hotmail.co.uk](mailto:efi.james@hotmail.co.uk) for details

Study Groups at St David's - Wednesdays 11-12 noon and 6 pm - check pages 7 and 8 for dates)

3Cs (Cuppa, Chat and Community) at St David's twice monthly (see page 17 for details)

Warm Welcome Bereavement Group (see page 16 for dates) at St Paul's Church Hall

St Michael's Hub - Open House for everyone, 3rd Thursdays, 1-3 pm at St Michael & All Angels  
Llandudno Junction

Men's Shed - Thursdays 10-12 noon at St David's, Penrhyn Bay (not 25th Dec or 1st Jan)

Mothers' Union at All Saints and St Ffraid's, and Fellowship Group at St Paul's - see back page for  
contacts and page 18 for meeting dates

Paned a Sgwrs/Cuppa and Chat - at several of our churches on different days - see page 17 for details

#### Online

We continue our online presence on the Mission Area Facebook Page [www.facebook.com/aberconwyMA](https://www.facebook.com/aberconwyMA) and individual church Facebook pages. ST PAUL'S stream their 10.30 am Sunday morning service and this can be found via the link <https://www.facebook.com/stpaulscraigvdon>

#### COVID

Please continue to take any sensible precautions that you wish.

The common cup has been restored but as always communion in one kind remains valid and no communicant should feel compelled to take the common cup.