



# Hope and Preparation

*Some thoughts collected by Canon Sarah Hildreth-Osborn*

Advent is a season unlike any other in the Church's year. It is a time of waiting, of expectation, of longing. Yet it is not a passive waiting, as if we were simply counting down the days until Christmas. Advent is active, purposeful, and full of promise. It invites us to prepare our hearts, our homes, and our communities for the coming of Christ.

We often think of Advent in three dimensions. First, we look back to Bethlehem, to the child born in a stable, to the angels singing and shepherds rejoicing. Second, we look forward to Christ's coming again in glory, when God's kingdom will be complete and all creation renewed. And third, we look around us, to the present moment, recognising that Christ comes to us here and now—in the people we meet, in the prayers we offer, in the quiet moments of reflection and hope.

The symbols of Advent are rich with meaning. The Advent wreath, with its candles lit week by week, reminds us that light grows steadily in the darkness. The purple of the season speaks of both royalty and repentance, calling us to prepare with humility and joy. The readings we hear in church are full of

voices crying out in the wilderness, of valleys lifted up and mountains made low, of a people walking in hope. These images are not just poetry; they are promises. They tell us that God is at work, even when the world feels uncertain or heavy.

Advent also teaches us patience. In a culture that rushes towards Christmas with urgency and noise, Advent invites us to slow down, to breathe, to listen. It is a season of holy pause, reminding us that God's timing is not ours. (See overleaf for details of our Advent Quiet Day, an opportunity to put this into practice.) We wait not with anxiety, but with trust. We wait not in emptiness, but in hope. We wait knowing that the One who comes is faithful.

This waiting is not only personal; it is communal. Advent is a season for the whole Church, for families, for neighbours, for communities. We prepare together, we light candles together, we sing together, we pray together. In doing so, we

remind one another that we are not alone. Christ comes to us as Emmanuel—God with us—and that promise is shared by all.

So how might we live Advent well? Perhaps by setting aside a few minutes each day for quiet reflection. Perhaps by noticing the small signs of hope around

*/Continued overleaf*



## Exploring Faith and Worship, sharing Christ's Love with the Community

All Saints, Deganwy • St Cystennin's, Llangystennin & Mochdre • St David's, Penrhyn Bay  
St Ffraid's, Glan Conwy • St Grwst's, Llanrwst • St Hilary's, Llanrhos • St Martin's, Eglwysbach  
St Michael and All Angels, Llandudno Junction • St Paul's, Craig-y-Don

us—a kind word, a generous act, a moment of beauty. Perhaps by choosing to live more simply, resisting the rush and noise, and making space for God's presence. Advent is not about perfection; it is about preparation. It is about opening our hearts to the One who comes in love.

As we journey through Advent, let us hold fast to its promise: that light shines in the darkness, and the darkness has not overcome it. Christ is coming. Christ is near.

And in that hope, we find peace.

## **'Making Space for God'**

### **MISSION AREA ADVENT QUIET DAY**

**led by the Revd Linda Mary Edwards**

**Saturday 6<sup>th</sup> December**

**10.30-4 pm**

**St Augustine's House of Prayer, Old Colwyn**

There is a charge of £15 per person which includes morning and afternoon tea, coffee, biscuits and cake, but if this presents a problem for any individual please let us know.

*Please bring your own lunch*

If you would like to come, would like to car share, or want further details, please contact Dilys Stone ([dilysstone@cinw.org.uk](mailto:dilysstone@cinw.org.uk) or 01492 879997) or the Parish Office

#### **MISSION AREA CLERGY:**

Canon Sarah Hildreth-Osborn - [sarahhildreth-osborn@churchinwales.org.uk](mailto:sarahhildreth-osborn@churchinwales.org.uk)

01492 702330 (Day off Friday)

Revd Huw Bryant - 07779 655949 (Day off Monday)

Revd Sue Storey - (Day off Friday) 01745 346273

Canon Quentin Bellamy (retired priest caring for St David's)

Revd Tim Hall (retired priest caring for St Paul's)

**PARISH OFFICE:** Penrhyn Beach East, Llandudno, LL30 3NT - 01492 541615

[office@aberconwy.church](mailto:office@aberconwy.church)

The Parish Office is normally open Tuesdays, Wednesdays and Thursdays 10am to 12.30pm

*Please note that emails will only be read during office hours.*

***The Office will close for Christmas for the two weeks beginning 22nd and 29th December, re-opening on Tuesday 6th January.***

**For anything urgent out of office hours** please contact one of our clergy team or Dilys Stone, Lay Mission Area Leader on 01492 879997.

# Gwasanaethau rheolaidd yn ein heglwysi

## Regular services in our churches

### Croeso i bawb - All welcome

#### Regular Sunday Services:

|                 |                                                                                                                             |                                                                           |
|-----------------|-----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| <b>8 am</b>     | Holy Eucharist at St Hilary's (1st and 3rd Sundays)<br>Holy Eucharist at St David's (every Sunday but not 28th December)    |                                                                           |
| <b>9.30 am</b>  | Holy Eucharist at St Cystennin's (Morning Prayer on 2nd Sunday)<br>Holy Eucharist at St Grwst's and St Michael & All Angels |                                                                           |
| <b>10.30 am</b> | Holy Eucharist at St Paul's                                                                                                 |                                                                           |
| <b>11 am</b>    | Holy Eucharist at All Saints, St David's and St Hilary's*                                                                   |                                                                           |
| <b>11.15 am</b> | Holy Eucharist at St Ffraid's                                                                                               | ★★★★★★★★★★★★★★★★★★★★★                                                     |
| <b>2 pm</b>     | Holy Eucharist at St Martin's                                                                                               | ★ Please see Page 5 for details ★                                         |
| <b>4 pm</b>     | Cymun Bendigaidd at St Hilary's (4th Sunday but<br>not in December)                                                         | ★ of services over the Christmas ★                                        |
| <b>6 pm</b>     | Café Church in St David's Hall (last Sunday but<br>not in December))                                                        | ★ period including Sunday 28th ★<br>★ December ★<br>★★★★★★★★★★★★★★★★★★★★★ |

#### OTHER REGULAR SERVICES, GROUPS etc.:

(Further details on other pages)

**Holy Eucharist:** - Wednesday 10 am All Saints and St Ffraid's; Thursday 10.30 am St Paul's;  
Friday 10 am St David's (not 26th December)

**Healing Service** - 10 am Healing Eucharist on first Friday of the month at St David's

**Morning Prayer:** Said in St David's at 9.30 am most Tuesday mornings - check Pew News

**Sounds of the Eternal** - Sound bath meditation in St Grwst's Fridays at 2 pm (except 26th December)  
and also once a month on a Saturday at St Ffraid's at 6 pm (not in December)

**Service of Holy Eucharist at St David's Hospice,** Abbey Road, every 2nd Wednesday of the month at 2 pm

**Whosoever J3:16** - LGBT+ community and friends service: **13th December and 17th January** at All Saints  
Deganwy - contact [SarahHildreth-Osborn@cinw.org.uk](mailto:SarahHildreth-Osborn@cinw.org.uk) for details

**Julian Group** - 8 pm Mondays (not 22nd or 29th December) by Zoom [lindamaryedwards@yahoo.co.uk](mailto:lindamaryedwards@yahoo.co.uk)

**WhatsApp prayer group:** for prayer and to share reflections - contact Mandy in the Parish Office to join

**St David's Church open** Tuesdays, Wednesdays and Thursdays 10-12 noon (not week beg. 29th Dec)

**St David's Church Hub Prayers** - 11.00 am on Tuesdays (not 30th December)

**All Saints' House Group** 7.30 pm Tuesdays fortnightly contact [efl.james@hotmail.co.uk](mailto:efl.james@hotmail.co.uk) for details

**Study Groups at St David's** - Wednesdays 11-12 noon and 6 pm - check pages 7 and 8 for dates)

**3Cs (Cuppa, Chat and Community)** at St David's twice monthly (see page 17 for details)

**Warm Welcome Bereavement Group** (see page 16 for dates) at St Paul's Church Hall

**St Michael's Hub** - Open House for everyone, 3rd Thursdays, 1-3 pm at St Michael & All Angels  
Llandudno Junction

**Men's Shed** - Thursdays 10-12 noon at St David's, Penrhyn Bay (not 25th Dec or 1st Jan)

**Mothers' Union** at All Saints and St Ffraid's, and **Fellowship Group** at St Paul's - see back page for  
contacts and page 18 for meeting dates

**Paned a Sgwrs/Cuppa and Chat** - at several of our churches on different days - see page ?for details

#### Online

We continue our online presence on the Mission Area Facebook Page [www.facebook.com/aberconwyMA](https://www.facebook.com/aberconwyMA) and individual church Facebook pages. **ST PAUL'S** stream their 10.30 am Sunday morning service and this can be found via the link <https://www.facebook.com/stpaulscraigydun>

#### COVID

Please continue to take any sensible precautions that you wish.

The common cup has been restored but as always communion in one kind remains valid and no communicant should feel compelled to take the common cup.

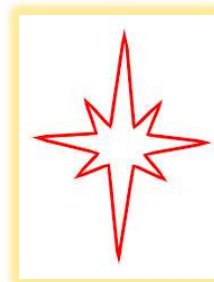
# Mis Rhagfyr 2025 - CALENDAR - December 2025

|               |           | Services                                                                                                  | Other events                                                                                                                                  |
|---------------|-----------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| Monday        | 1         | Julian Meeting 8 pm by Zoom                                                                               | 3Cs 2 pm St D                                                                                                                                 |
| Tuesday       | 2         | Hub prayers 11.00 am St D                                                                                 |                                                                                                                                               |
| Wednesday     | 3         | HE 10 am AS and St Ff;<br>Bodafon School Carols 6 pm SP                                                   | Bible Study 11 am St D                                                                                                                        |
| Thursday      | 4         | HE 10.30 am St P                                                                                          | Jo's Shed 10-12 noon St D;<br>Community Tea 2-3.30 pm St D;<br>AS Christmas Meal 6.30 pm in Penrhyn Bay                                       |
| Friday        | 5         | HE including Healing 10 am St D                                                                           | Sound Baths 2-3 pm St G                                                                                                                       |
| Saturday -    | 6         | <b>MISSION AREA QUIET DAY</b> , St Augustine's<br>Old Colwyn 10.30-4 pm                                   | Russell Watson concert 7.30 pm SP                                                                                                             |
| <b>SUNDAY</b> | <b>7</b>  | <b>SEE SERVICES LIST; Also Carols round the tree 1 pm Mochdre</b>                                         | Opening of Christmas Tree Festival and<br>Winter Wonderland Concert with yr Elvis<br>Cymraeg 7 pm St Ff;<br>Russell Watson concert 7.30 pm SP |
| Monday        | 8         | Julian Meeting 8 pm by Zoom                                                                               | Ysgol Glanwydden concert 1 and 5 pm St D;<br>St Paul's Community Fellowship 2.15 pm<br>St P Hall                                              |
| Tuesday       | 9         | Hub prayers 11.00 am St D                                                                                 | AS Mothers' Union 2 pm AS; Glan Conwy<br>Mothers' Union 2 pm GC Church House;<br>AS House Group 7.30 pm                                       |
| Wednesday     | 10        | HE 10 am AS and St Ff;<br>HE St David's Hospice 2 pm                                                      | Bible Study 11 am and 6 pm St D;<br>St G Volunteers Christmas Celebration 6 pm                                                                |
| Thursday      | 11        | HE 10.30 am St P                                                                                          | Jo's Shed 10-12 noon St D                                                                                                                     |
| Friday        | 12        | HE 10 am St D; St David's College Carol<br>Service 12 noon St P;<br>Cytun Carol Service 7 pm Holy Trinity |                                                                                                                                               |
| Saturday      | 13        | Whosoever service 11.30 am AS                                                                             |                                                                                                                                               |
| <b>SUNDAY</b> | <b>14</b> | <b>SEE SERVICES LIST: Also - Crib Service with Makaton Choir 4 pm St M</b>                                |                                                                                                                                               |
| Monday        | 15        | Julian Meeting 8 pm by Zoom                                                                               |                                                                                                                                               |
| Tuesday       | 16        | Hub prayers 11.00 am St D;<br>Carols round the Tree 7 pm St D                                             |                                                                                                                                               |
| Wednesday     | 17        | HE 10 am AS and St Ff                                                                                     | Bible Study 11 am St D                                                                                                                        |
| Thursday      | 18        | HE 10.30 am St P                                                                                          | Jo's Shed 10-12 noon St D;<br>Open House Hub St M 1-3 pm                                                                                      |
| Friday        | 19        | HE 10 am St D                                                                                             | Sound Baths 2-3 pm St G                                                                                                                       |
| Saturday      | 20        |                                                                                                           |                                                                                                                                               |
| <b>SUNDAY</b> | <b>21</b> | <b>SEE SERVICES LIST: Also - Carol and Crib service 4 pm St H;<br/>Carol Service 6 pm AS</b>              |                                                                                                                                               |
| Monday        | 22        |                                                                                                           |                                                                                                                                               |
| Tuesday       | 23        | Hub prayers 11.00 am St D;<br>Carols by Candlelight 6 pm St Doged's                                       | Warm Welcome Bereavement Group<br>6 pm St P Hall                                                                                              |
| Wednesday     | 24        | HE 10 am AS and St Ff                                                                                     |                                                                                                                                               |
| Thursday      | 25        | <b>SEE PAGE 5 FOR CHRISTMAS EVE AND CHRISTMAS DAY SERVICES</b>                                            |                                                                                                                                               |
| Friday        | 26        |                                                                                                           |                                                                                                                                               |
| Saturday      | 27        |                                                                                                           |                                                                                                                                               |
| <b>SUNDAY</b> | <b>28</b> | <b>SEE PAGE 5 for details of services this Sunday - including Carol Service 4 pm St P</b>                 |                                                                                                                                               |
| Monday        | 29        |                                                                                                           | 3Cs Pantomime outing                                                                                                                          |
| Tuesday       | 30        |                                                                                                           |                                                                                                                                               |
| Wednesday     | 31        | HE 10 am AS                                                                                               |                                                                                                                                               |

**KEY: HE - Holy Eucharist; AS – All Saints; St C – St Cystennin's; St D - St David's; St Ff - St Ffraid's; St G - St Grwst's; St H - St Hilary's; St M – St Michael's; St Ma - St Martin's; St P – St Paul's**

# Gwasanaethau Nadolig Christmas Services

## *"Joy to the World!"*



### Carol and Crib Services in December

|               |         |                                                                        |
|---------------|---------|------------------------------------------------------------------------|
| Sunday 7th    | 1 pm    | Carols round the Mochdre village Christmas tree                        |
| Sunday 14th   | 4 pm    | Crib Service St Michael & All Angels<br>Llandudno Junction             |
| Monday 15th   | 1.30 pm | Crib Service with Ysgol Deganwy at All Saints<br>Deganwy - all welcome |
| Tuesday 16th  | 6 pm    | Carol by Candlelight St Ffraid's Glan Conwy                            |
|               | 7 pm    | Carols round the tree St David's Penrhyn Bay                           |
| Thursday 18th | 6 pm    | Carol Service St Martin's                                              |
| Sunday 21st   | 4 pm    | Carol and Crib service St Hilary's Llanrhos                            |
|               | 6 pm    | Carol Service All Saints Deganwy                                       |
| Tuesday 23rd  | 6 pm    | Carols by Candlelight St Doged's, Llanddodged                          |
| Sunday 28th   | 4 pm    | Carol Service St Paul's Craig-y-Don                                    |

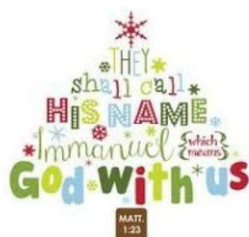
### Christmas Eve Crib Service and Eucharists

|          |                                              |
|----------|----------------------------------------------|
| 4 pm     | Crib Service at St Cystennin's Llangystennin |
| 6 pm     | St Michael & All Angels Llandudno Junction   |
| 6 pm     | St Ffraid's Glan Conwy                       |
| 8.30 pm  | All Saints Deganwy                           |
| 8.30 pm  | St Grwst's Llanrwst                          |
| 11.30 pm | St David's Penrhyn Bay,                      |
| 11.30 pm | St Hilary's Llanrhos                         |



### Christmas Day Eucharists

|          |                              |
|----------|------------------------------|
| 8 am     | St Hilary's Llanrhos         |
| 9.30 am  | All Saints Deganwy           |
| 10 am    | St Cystennin's Llangystennin |
| 10 am    | St David's Penrhyn Bay       |
| 10 am    | St Martin's Eglwysbach       |
| 10.30 am | St Paul's Craig-y-Don        |
| 11 am    | St Hilary's Llanrhos         |



### Sunday 28th December (All Holy Eucharist)

|          |                                                                                                                                                             |
|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9.30 am  | St Cystennin's Llangystennin                                                                                                                                |
| 10 am    | St Grwst's Llanrwst (Joint service with St Ffraid's and<br>St Martin's - no other service at these two churches)                                            |
| 10.30 am | Holy Eucharist at St Michael & All Angels Llandudno<br>Junction (Joint service with All Saints and St<br>Hilary's - no other service at these two churches) |
| 11 am    | St David's Penrhyn Bay                                                                                                                                      |
| 4 pm     | Christmas Carol Service St Paul's Craig-y-Don                                                                                                               |



# Mis Ionawr 2026 - CALENDAR - January 2026

|                                                                                                                                                                                                                        |           | Services                                                                                                                   | Other events                                             |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Thursday                                                                                                                                                                                                               | 1         | HE 10.30 am St P                                                                                                           |                                                          |
| Friday                                                                                                                                                                                                                 | 2         | HE including Healing 10 am St D                                                                                            |                                                          |
| Saturday                                                                                                                                                                                                               | 3         |                                                                                                                            |                                                          |
| <b>SUNDAY</b>                                                                                                                                                                                                          | <b>4</b>  | <b>SEE SERVICES LIST: Also EPIPHANY SERVICE OF ENCOURAGEMENT with Bishop Gregory 3 pm at St D for all the Mission Area</b> |                                                          |
| Monday                                                                                                                                                                                                                 | 5         | Julian Meeting 8 pm by Zoom                                                                                                | 3Cs 12.30 pm St D                                        |
| Tuesday                                                                                                                                                                                                                | 6         | Hub prayers 11.00 am St D                                                                                                  |                                                          |
| Wednesday                                                                                                                                                                                                              | 7         | HE 10 am AS and St Ff                                                                                                      | Bible Study 11 am St D                                   |
| Thursday                                                                                                                                                                                                               | 8         | HE 10.30 am St P;<br>Plygain Service 7 pm St G                                                                             | Jo's Shed 10-12 noon St D                                |
| Friday                                                                                                                                                                                                                 | 9         | HE 10 am St D                                                                                                              | Sound Baths 2-3 pm St G                                  |
| Saturday -                                                                                                                                                                                                             | 10        |                                                                                                                            | Warm Welcome Bereavement Group<br>10-12 noon St P Hall   |
| <b>SUNDAY</b>                                                                                                                                                                                                          | <b>11</b> | <b>SEE SERVICES LIST</b>                                                                                                   |                                                          |
| Monday                                                                                                                                                                                                                 | 12        | Julian Meeting 8 pm by Zoom                                                                                                | St Paul's Community Fellowship 2.15 pm<br>St P Hall      |
| Tuesday                                                                                                                                                                                                                | 13        | Hub prayers 11.00 am St D                                                                                                  | Glan Conwy Mothers' Union 2 pm GC<br>Church House        |
| Wednesday                                                                                                                                                                                                              | 14        | HE 10 am AS and St Ff;<br>HE St David's Hospice 2 pm                                                                       | Bible Study 11 am and 6 pm St D                          |
| Thursday                                                                                                                                                                                                               | 15        | HE 10.30 am St P                                                                                                           | Jo's Shed 10-12 noon St D;<br>Open House Hub St M 1-3 pm |
| Friday                                                                                                                                                                                                                 | 16        | HE 10 am St D                                                                                                              |                                                          |
| Saturday                                                                                                                                                                                                               | 17        | Whosoever service 11.30 am AS                                                                                              |                                                          |
| <b>SUNDAY</b>                                                                                                                                                                                                          | <b>18</b> | <b>SEE SERVICES LIST:</b>                                                                                                  |                                                          |
| Monday                                                                                                                                                                                                                 | 19        | Julian Meeting 8 pm by Zoom                                                                                                | 3Cs 12.30 pm St D                                        |
| Tuesday                                                                                                                                                                                                                | 20        | Hub prayers 11.00 am St D                                                                                                  | <b>**MAGAZINE COPY DATE**</b>                            |
| Wednesday                                                                                                                                                                                                              | 21        | HE 10 am AS and St Ff                                                                                                      | Bible Study 11 am and 6 pm St D                          |
| Thursday                                                                                                                                                                                                               | 22        | HE 10.30 am St P                                                                                                           | Jo's Shed 10-12 noon St D;<br>MAC meeting 7 pm AS        |
| Friday                                                                                                                                                                                                                 | 23        | HE 10 am St D                                                                                                              | Sound Baths 2-3 pm St G                                  |
| Saturday                                                                                                                                                                                                               | 24        |                                                                                                                            |                                                          |
| <b>SUNDAY</b>                                                                                                                                                                                                          | <b>25</b> | <b>SEE SERVICES LIST</b>                                                                                                   |                                                          |
| Monday                                                                                                                                                                                                                 | 26        | Julian Meeting 8 pm by Zoom                                                                                                |                                                          |
| Tuesday                                                                                                                                                                                                                | 27        | Hub prayers 11.00 am St D                                                                                                  |                                                          |
| Wednesday                                                                                                                                                                                                              | 28        | HE 10 am AS and St Ff                                                                                                      | Bible Study 11 am and 6 pm St D                          |
| Thursday                                                                                                                                                                                                               | 29        | HE 10.30 am St P                                                                                                           | Jo's Shed 10-12 noon St D                                |
| Friday                                                                                                                                                                                                                 | 30        | HE 10 am St D                                                                                                              | Sound Baths 2-3 pm St G;                                 |
| Saturday                                                                                                                                                                                                               | 31        |                                                                                                                            |                                                          |
| <b>KEY: HE - Holy Eucharist; AS – All Saints; St C – St Cystennin's; St D - St David's; St Ff - St Ffraid's;<br/>St G - St Grwst's; St H - St Hilary's; St M – St Michael's; St Ma - St Martin's; St P – St Paul's</b> |           |                                                                                                                            |                                                          |

**Be' sy'n digwydd yn yr Ardal Genhadol?**  
**What is happening in the Mission Area?**



**JESUS, THE REASON FOR THE SEASON**

**O HOLY NIGHT**

Start Your Christmas with **The Chosen**

**St David's Church, Penrhyn Bay**  
**Wednesday 10th December**  
**6pm - 7pm**

*(A film of the Nativity from **The Chosen** team)*

**Tea, Coffee and Mince Pies**  
**All Welcome!**

More details from Alan McKinell 07527 131725

This will be the only December meeting of the evening Bible Study at St David's.  
The regular evening meetings recommence on **Wednesday 14th January** at 6 pm.  
All welcome!

Please see overleaf for details of the morning sessions.

# *Advent - Preparing for Christmas*

*Come and share an opportunity to prepare together  
to celebrate the birth of Christ*



**Wednesday mornings  
26th November - 18th December  
11am - 12 noon in St David's Church**

Week 1: To us a Child is Born - Isaiah's prophecy

Week 2: Waiting and Hoping - Zechariah and the Angel

Week 3: Nothing is Impossible - Mary and the Angel

Week 4: Divine Interruption - Joseph and the Angel

*More details from Alan McKinell 07527 131725*



This is the programme for the Wednesday morning Bible Studies at St David's in December. After the final session on 17th December they will restart on **Wednesday 7th January**. Again - all welcome.

# Christmas Tree Festivals



The annual Community Christmas Tree Festival at **St Grwst's Church Llanrwst** opens up on **Friday 28th November** and runs to 5th January.

The Festival at **St Ffraid's Glan Conwy** opens on **Sunday 7th December** for the Welsh Elvis Winter Wonderland concert (see below) and the trees will stay up until Twelfth Night.

Come along to both Festivals and see the wonderful array of displays presented by local people in a celebration for Advent and Christmas.



## Winter Wonderland

with Wynne Roberts aka

**Yr Elvis Cymraeg**

Rhagfyr 7th December



Scan for tickets

## Eglwys St Ffraid's Church

Glan Conwy

Doors Open 6.30pm for a 7pm Start

Tickets - £6 in advance - £8 on the door

<https://www.ticketsource.co.uk/aberconwy/t-njkqanp>



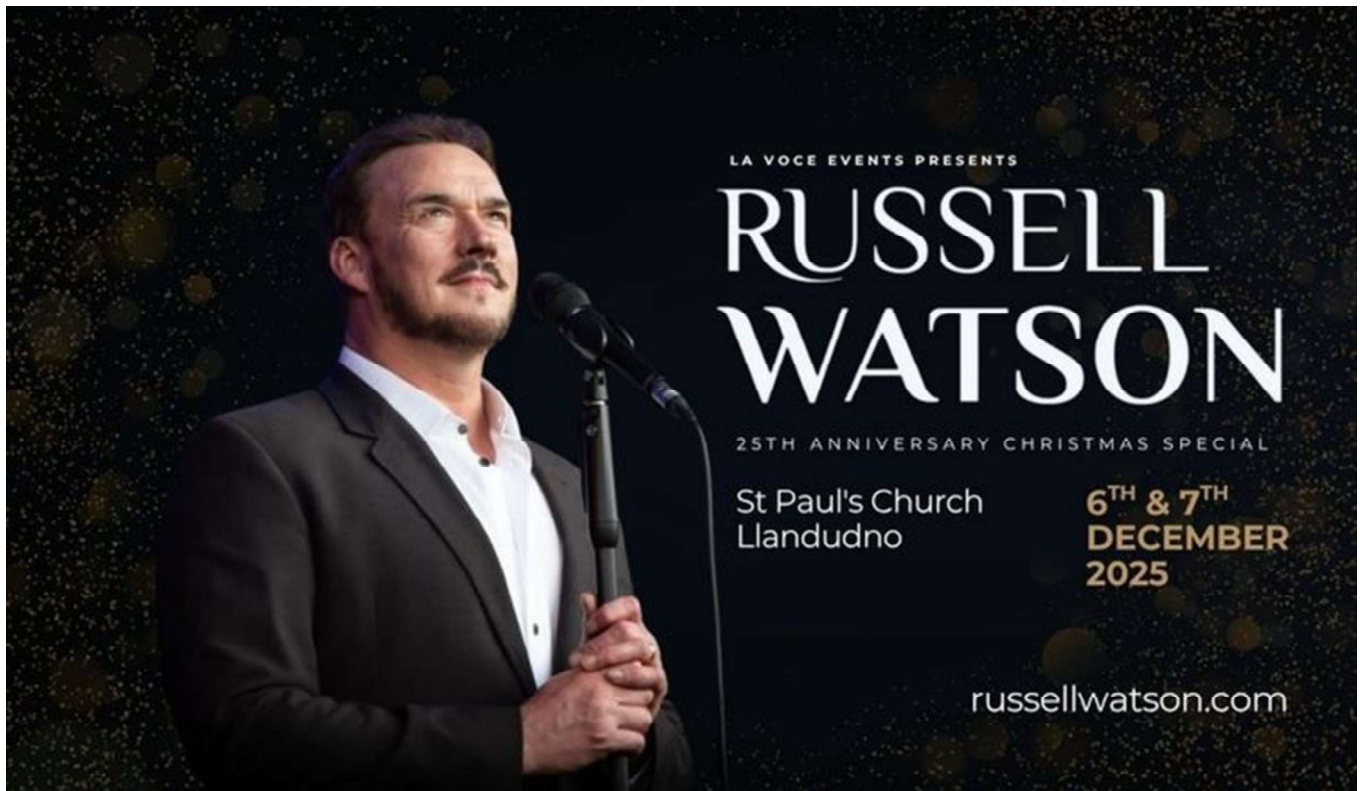
Dechrau Canu Dechrau Canmol comes to St Grwst's!

**Watch S4C at 7.30 pm on Sunday 7th December**, as Lisa Gwilym presents a special selection of candlelight carols from Saint Grwst's Church.

The congregational singing is led by Trystan Lewis and Ensemble Cantilena will be singing.

**Please check** the calendar pages carefully for December and January, because many regular events pause for a week or two over the Christmas holidays.

We hope that all in the Mission Area, and their friends, families and neighbours, may know something of the blessings of the Christmas season amidst all the hustle and bustle, and find opportunities for rest and relaxation. Don't forget the **Quiet Day on 6th December** (see page 2) which gives a chance to pause in the midst of the preparations.



Experience the magic of Christmas in St Paul's Church, Craig-y-Don, as it welcomes celebrated classical artist Russell Watson for an unforgettable evening of festive music and reflection. This special anniversary concert will feature a programme of Christmas carols and timeless classics, performed by candlelight and accompanied by a full choir. Tickets available through the website [russellwatson.com](https://russellwatson.com)

## LLANDUDNO CHURCHES

INVITE YOU TO



### Gwasanaeth Carol Nadolig

### A Christmas Carol Service



**For unto us  
a child is born!**

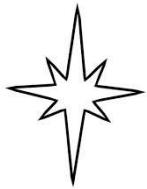




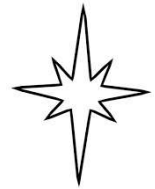
**+ 12th December 2025**  
**Trinity Church**  
**Trinity square**  
**Llandudno**

**6:30pm Doors  
Open**  
**7pm Start**

**Come and join us for some  
festive Carol singing,  
special guest soloist and our  
very own local choir.**



## A Christmas Prayer



*(used every Christmas morning by the family of the  
Mothers' Union Worldwide President Kathleen Snow)*

Loving Father, help us to remember the birth of Jesus, that we may share in the song of the angels, the gladness of the shepherds, and the worship of the wise men.

Close the door of hate and open the door of love all over the world. Let kindness come with every gift, and good desires come with every greeting. Deliver us from evil by the blessing that Christ brings, and teach us to be merry with clear hearts.

May Christmas morning make us happy to be your children, and Christmas evening bring us to our bed with grateful thoughts, forgiving and forgiven.

Through Jesus Christ our Lord, Amen

## **A date for your 2026 diaries:**

**Sunday 1st February**

**6 pm**

**St Ffraid's church, Llansanffraid/GlanConwy**

## **Cymanfa Ganu**

**With Trystan Lewis**

A Cymanfa Ganu is a Welsh festival of sacred hymns, sung with four-part harmony by a congregation, usually under the direction of a choral director. Something not to be missed by anyone who loves hymn singing!

**ARDAL GENHADOL  
ABERCONWY  
MISSION AREA**

**Come and Join us for  
An Epiphany Service  
of Encouragement  
with Bishop Gregory**



**Sunday 4th January at 3pm  
St David's Church, Penrhyn Bay  
followed by light refreshments**

**Croeso gynnes i bawb  
A warm welcome to all**



*Canon Quentin Bellamy writes:*

Martin Niemoeller (1892-1984) was a German theologian and Lutheran pastor who was outspoken in his opposition to the Nazi regime. In fact, he was on Adolf Hitler's list of the people he most hated and feared. To keep him quiet, Niemoeller was imprisoned. Months later he was summoned before a special court, and suddenly he began to feel afraid. He had no idea what to expect! As he was taken along the seemingly endless corridor from the prison cell to the courtroom, he heard a quiet voice.

As he listened, he realised that the voice was quoting from the Bible in Latin, the version used by the Roman Catholic Church. The voice whispered a verse from the Book of Proverbs. It began, "Nomen Domini turris fortissima" "The name of the Lord is a strong tower"; the verse goes on, "the righteous run to it and are safe" (Proverbs 18:10).

It was the jailer's voice. We don't know who he was, but what he said had an instant impact on Niemoeller – his fear vanished and his confidence in God was renewed. It was just as well that the other guards had no idea what was being said or else the owner of the voice would have joined Niemoeller!

Niemoeller survived the war and helped rebuild the church in Germany and especially led its people to face their guilt over what had happened. What this boils down to is that the perfect antidote for fear is trust in God. That's the experience that Niemoeller had as he was being taken down

the corridor of a Nazi prison to an uncertain future. The unknown guard whispered powerful words of encouragement, "The name of the Lord is a strong tower", reminding Niemoeller that God knew his situation and would give him the strength to face whatever lay ahead. And his fear vanished.

As I write these words the findings of the Covid 19 enquiry have been made public, and looking back, who would ever have believed what happened in those dark days when the order to "stay at home" came. Loved ones in residential care, only able to see family and friends through the window; children's education thrown into disarray and chaos; and churches, closed and locked, with entry forbidden. These were only a few of the consequences of that seemingly endless series of lockdowns, and a spirit of fear and uncertainty prevailed. If ever we needed the Lord, we certainly needed him then.

When the lockdown was lifted and people were once more allowed to return to church, I couldn't help but notice how all the joy that we had previously known in worship had all but evaporated. The atmosphere was heavy, and leading worship and building up renewed enthusiasm was really hard work – it was a spiritual battle on a very large scale. I have to admit that I found the whole situation very perplexing and pretty discouraging. It's easy to talk about being positive as a Christian, but I remember my father once saying that it's not always the easiest thing for a Christian to remain on the victory side.

*/Continued overleaf*

Have you experienced times of discouragement? Have you found it hard to be on the victory side? Believe me, if you haven't, you will. That's life!

The breakdown of a relationship,  
The loss of a job,  
The doctor walks into the room and  
shakes his head sadly ....

And all these things can strike us and lead us to despair and discouragement. What do we do then?

Well perhaps we can go to our old friend, Paul the Apostle, who had some sound advice for the folks in Thessalonica when they were going through times of great discouragement. He wrote "Therefore encourage and build one another up" (1 Thessalonians 5:11).

Sometimes we get at odds with each other. Sometimes we do grow weary. But when we dedicate ourselves to the Lord and belong to a community of faith, through the power of God's Holy Spirit, we can help each other hold on, we can support and strengthen one another, we can rejoice with each other. Because through our faith in the Lord Jesus Christ we are able to have one spirit, one heart, one purpose.

And with all of that in mind, at the start of 2026 we're going to have a very special **Epiphany Service of Encouragement for the Aberconwy Mission Area**, when we'll be welcoming Bishop Gregory as our special guest speaker. He is certain to have a message to encourage us as we enter the new year together. This service will take place at **St David's Church in Penrhyn Bay on Sunday 4th January at 3.00 pm** – that time has been chosen to enable you to enjoy a time of worship and fellowship with believers from across the Mission Area, and to get home before dark!

So the message to you dear Reader, is that no matter what life's circumstances may be, and the going can get very tough indeed – no matter what – we should never be discouraged because we have a great and mighty God, and he is in control. He will take all things that we offer in his Service and use them in ways which we could never even begin to imagine, and when we see him on that great day, he'll say "Well done, good and faithful servant, enter into the joy of your Lord".

Be encouraged – God is in control. Keep the Faith..... Hallelujah!

## A New Year message!

Building on this theme of Encouragement, the Mission Area will be entering a time of discernment in the New Year, looking at where we are, what role our churches are playing or can play in their communities, and planning for the future.

Look out for information about how we will bring people together to map out a plan for energising the Mission Area as a whole and its churches within that framework, moving forward with a positive approach to the challenges and opportunities that the future will bring.

Cynhelir

# Plygain



yn

**Eglwys Sant Grwst**

**Llanrwst**

**Nos Iau Ionawr 8fed 2026**

**am 7 yr hwyr**

Mae croeso i unigolion, partïon neu fudiad gymryd rhan yn y Blygain

Darperir lluniaeth ysgafn ar ddiwedd y Blygain

*([www.plygain.org](http://www.plygain.org))*

All are welcome to this traditional Welsh Christmas service of carol singing, characterized by unaccompanied, three- or four-part harmony, and often held by candlelight. The Service at St Grwst's is on **Thursday 8th January at 7 pm.**

There may also be a Plygain service at St Cystennin's sometime in January - look out for details.

# Pilgrimage to the Anglican Shrine of Our Lady of Walsingham July 13th -17th 2026

Cost approx. £500

Includes travel by coach and full board

Travelling with other pilgrims from across North Wales

Book with Tad Huw with a £60 deposit by December 1st

For more information or to book call Tad Huw

07779655949 - [HuwBryant@cinw.org.uk](mailto:HuwBryant@cinw.org.uk)

For more information on the Shrine

<https://www.walsinghamanglican.org.uk>



## GAN Y GOLYGYDDION - FROM THE EDITOR

A reminder that **Copy Date is the 20th of the month.**

All contributions welcome (preferably text in Word format and pictures in jpeg). Items may be edited and the editor's decision is final.

Welsh language items welcome - preferably bilingual or with a summary in the other language.

Please submit to [jastone@dunelm.org.uk](mailto:jastone@dunelm.org.uk).

Diolch!

# Digwyddiadau Rheolaidd

## Regular events

### Sounds of the Eternal

Soundbath Meditation

Dates for December and January



Every Friday at 2 pm in St Grwst's Church,  
Llanrwst (except Boxing Day)  
St Ffraid's dates to be arranged

Join us for 45 minutes of tranquil stillness  
In the ancient sacred spaces of St Grwst and St  
Ffraid's

Let the soothing sounds of the crystal bowls  
wash over you with some gentle words

No need to book

'Pay what you feel it's worth'

With a donations basket at the end

Space to bring yoga mat/blankets if you wish to lie down

### JO's Workshop 'Men's Shed' in Penrhyn Bay



Every Thursday,  
In the shed in  
St David's Church grounds.  
(Not 25th December or 1st January)

The kettle goes on at 9.58 am, the  
doors open 10.00 - 12.00

Call in to share some banter, come  
up with some project ideas, or just  
come along and have a brew (an  
biscuits)

All men are welcome

### Struggling with your grief?

SHARE YOUR STORY AND FIND  
SUPPORT FROM OTHERS

Come & join us for a relaxed time of conversation and refreshments  
in the lounge at St Paul's Church Hall, Craig y Don, Llandudno.

Scan QR code for  
date and time of  
next meeting



or visit our facebook page:  
[www.facebook.com/stpaulscraigydono/](https://www.facebook.com/stpaulscraigydono/)

While the loneliness lingers, while life indeed may never be the same, nevertheless it may yet be good.

### Warm Welcome

A time of relaxed conversation with tea/coffee once a month in the lounge at St Paul's Hall in Craig-y-Don. We share our stories, find we are not alone, and this brings comfort and leads to hope. It is often helpful to come with someone - a friend or family member. All welcome. Join us on Tuesday 23rd December 6-8 pm. and Saturday 10th January 10-12 noon.

## Hwb St. Mihangel

Whoever you are...you're welcome!



## St Michael's Hub

Open House...Open to ALL...Everyone welcome!



Ty Agored...Croeso i bawb!

**Thursdays 18th December & 15th January**

**Dydd lau yr 3ydd bob mis 3rd Thursday every month**

**1-3 yp**

**1-3pm**

**@ Eglwys St Mihangel,  
Ffordd Glyn y Marl,  
Llandudno Junction**

**@ St Michael's Church,  
Glyn y Marl Road,  
Llandudno Junction**

**Join us for tea, coffee & refreshments.**

**Come along & meet  
with friends in a welcoming place.**

**We look forward to seeing you!**

**Croeso cynnes i bawb**

**o 0 - 99!**

**A warm welcome  
to every from 0 - 99!**

**Am Ddim! / Free of charge!  
(Mae croeso i chi adael rhodd /  
You are welcome to leave  
a donation if you want to)**

For any further information please contact:

Rev'd Sarah - 01492 702330 / [sarahhildreth-osborn@cinw.org.uk](mailto:sarahhildreth-osborn@cinw.org.uk)

## St Paul's Community Fellowship



The Fellowship meets on **Monday 8th December** at 2.15 pm in St Paul's Hall for a Christmas meeting with secret Santa, bingo, raffle and bring a refreshment to share.



On **Monday 12th January** they will have a holiday celebration meeting. All welcome.

## The St David's 3C's

(coffee cake and chat!)

The group meets fortnightly at St David's - all are welcome.

On **Monday 1st December** at 2pm there will be a Christmas film, hot chocolate and cookies, and on **Monday 29 December** they will visit the Pantomime at Theatr Colwyn. In January they change to their winter pattern of meeting at **12.30 pm** for Soup and roll, a piece of cake and fellowship, meeting on **Mondays 5th and 19th January**.

More details from

[pandswilliams100@btinternet.com](mailto:pandswilliams100@btinternet.com)

# Mothers' UNION

Christian care for families

All Saints Deganwy and Glan Conwy Branches both meet at 2 pm on **Tuesday 9th December**. Sadly for All Saints this will be their last meeting (see below). The Christmas-themed meeting will be in church as usual and members are invited to bring a favourite Christmas reading, poem etc. Glan Conwy meet in the Parish Room in Church House, and in December will be hearing about Social Work. On **Tuesday January 13th** Glan Conwy will be taken on a trip Around the World with Kevin Smith.

## Deganwy Mothers Union

*Pat Chapman writes:*

After struggling for a couple of years with low membership numbers sadly All Saints Mothers Union will close after the December Meeting. I would like to thank all those members who have loyally attended meetings over many years and all those who have served as officers of the Branch. I am also grateful for the support of our clergy over the years.

For those who would still like to be members of Mothers Union there are two local groups – one in Glan Conwy and one in Llandrillo yn Rhos - or you can become a Diocesan member. Please contact me for more information [allsaints.deganwy@gmail.com](mailto:allsaints.deganwy@gmail.com)

## 2026 - Mothers' Union 150th anniversary

The Province of Wales Mothers' Union aims to mark this anniversary with a special focus on Peace and Reconciliation. At the celebration service at St Asaph Cathedral on Lady Day, 23rd March, Mothers' Union St Asaph will be formally admitted to the Community of the Cross of Nails.



*"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."*

**Whosoever** - the Service for the LGBT+ community and friends. No matter who you are, you are welcome, you matter and in the heart of Whosoever you can find a place at God's table.

The services will be on **Saturday 13th December and 17th January, at 11.30 am in All Saints, Deganwy.**

## All Saints House Group

The group continues to meet fortnightly on **Tuesdays**, at 7.30 pm at Glan Dwr, LL30 1NR, with the next meeting on **9th December**.

All are welcome for some reflection on the next week's Bible readings together with the obligatory tea and cake! Contact Andrew James on [efl.james@hotmail.co.uk](mailto:efl.james@hotmail.co.uk) for details of further meeting dates which have still to be arranged.

### A Prayer for the 150th Celebration of the Mothers' Union

Loving God, we thank you for your faithfulness and enduring love which have sustained the Mothers' Union for 150 years.

We celebrate the legacy of Mary Sumner and the transformation brought through the service of members worldwide.

Bless our upcoming events as we plan and prepare for this historic anniversary, and grant us wisdom and guidance and may our celebrations bear witness to your work in families and communities.

Unite us in purpose and fellowship so that through prayer and action, we may continue to nurture faith, serve others, and extend your Kingdom. Through Jesus Christ our Lord, Amen.

## Paned a sgwrs/Cuppa and Chat

All welcome to these regular gatherings but please be aware that some will not take place over the Christmas/New Year period

**Glan Conwy Church House** - Wednesdays 10.30-12 noon after the 10 am morning Eucharist

**St Grwst's Llanrwst**- Thursdays 10-12 noon

**Eglwysbach** (all in the Community Hall):

Monday Club (Chat & Craft) 1-3pm

Village Hall 'Coffee Stop'

Thursdays 10.30-11.30 am

Lunch Club (once a month), Fridays 1-3 pm (contact

[Taniacarrma@hotmail.com](mailto:Taniacarrma@hotmail.com) for details)



**St Michael's Llandudno Junction** - Open House Hub 1-3 pm 3rd Thursday of the month

**St Paul's Craig-y-Don** - Thursdays in church at 11 am after the 10.30 am morning Eucharist

**St David's Penrhyn Bay** - Fridays at 10.30 am after the 10 am morning Eucharist.

**Also: St Paul's Craig-y-Don** - Warm Welcome/Bereavement Group - 6 pm Tuesday 23rd December and 10-12 noon Saturday 10th January.



## Newyddion o'r Ardal Genhadol

### News from the Mission Area



St David's was delighted to welcome 16 pets and their owners to the Blessing of Pets service in November, and it was encouraging to see new faces. Canon Quentin blessed each pet and owner by name 'to enjoy life together and find joy with the God who created you'.



## Robin (Robert ) Lewis

*Margaret Hodgkiss writes:*

Robin (the Bryn Pydew boy) is now with his maker in heaven. He sadly passed away aged 92 in Ysbyty Glan Clwyd on 7th November, after spending the last year in and out of hospital and care homes.

Robin was a wonderful organist in St Katherine's Bryn Pydew and St Cystennin's Llangwstennin for many years, and was much loved by all who met and knew him.

His funeral was held at St Cystennin's church on 27th November and he was buried at Llangwstennin.



There was real joy in the room for the concert by the 'Makaton Choir' at St Michael's in November. With a selection of old and new favourites and some Christmas specials, choir and audience really enjoyed themselves. With a raffle and refreshments (and some interesting unravelling of the parking afterwards) it was a very special evening - thank you to all who took part. The choir return for the crib service at St Michael's on 14th December.

## The Strollers are back on the trail!

*Andrew James writes:*

In October, All Saints Strollers put on their walking boots and headed for Llanfairfechan to complete a favourite walk from the seaside café to the nature reserve.

Now some Strollers are robust, and some are fainthearted and Sunday 26th October was certainly a walk for the robust in our group. With rain lashing down we headed for our rendezvous point and with the very sensible suggestion of Ruth Parker and David Raggett we headed straight for the café for lunch. Now the waiter challenged me that I would not be able to eat one of their double burgers! I must admit that I consumed the burger but could not manage all of the chips.

With a very tasty lunch inside us it was time to either return home or face the elements and head for the nature reserve. Well, I said, 'we have not come all this way not to go on a walk.' So, with suitable clothing donned we headed out and gosh were we rewarded.

The wildlife was stunning and did not seem to mind the weather at all. First up we saw lapwings strolling about in a field, then curlews, oyster catchers and seagulls on the beach. When we walked around the nature reserve, we saw little egrets and loads of ducks (not sure of the species).



On the walk back it even stopped raining and allowed Ruth to take some stunning photographs (see overleaf) and as always. Little Cadbury, who joined us on the walk, managed to complete it without any trouble; not bad for a fourteen-year-old Nova Scotia Duck Tolling Retriever.



Two of the striking photos taken by Ruth Parker on the All Saints Strollers' autumn walk near Llanfairfechan. (see overleaf)



**Aberconwy  
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Share**

Providing food and support to families in need.

## HELP NEEDED!!!

The project is receiving an increasing number of referrals and would really benefit from additional volunteers, particularly to help the team of quick responders (as well as people to deliver once a month).

There is a location in the southern part of the Mission Area that is used to house those who have become homeless, including victims of domestic abuse. Referred there for safety they often have nothing and it would be really helpful to have a couple of people from St Grwst's or from the other two valley churches who could help out as it is quite a journey for the current quick responders.

This is a real way to demonstrate our Christian love and support for those who are struggling with the basic necessities of life.

Please continue to support this Mission Area project both practically with donations and also with your prayers. Contact Julie Regan on [julieregan59@gmail.com](mailto:julieregan59@gmail.com)



**Pray for Ukraine, Israel and Gaza, and all the places in the world where war is a constant presence or people feel unsafe or threatened and the true Peace that the angels sang of seems a long way off:**

God our Father, we come before you with open hearts, confessing that we too have blamed and accused, siding with one side or the other, and losing sight of your love, compassion and mercy for all those who are suffering in wars across the world.

Help us, as your Church, to be bold enough to be those who call out atrocities wherever they occur. Help us, as your Church, to be bridge builders and peace initiators.

Give us, as your Church, the love, courage, and steadfastness to speak truth to power and challenge hate and fear.

Lord, in your mercy, Hear our prayer. Amen



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The Diocesan Offering for 2026 will be to the Boxes of Sunshine charity, that supports young people living with chronic illness. Look out for further information in the New Year about how we can contribute as a Mission Area to this Diocesan initiative.

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- Finger nails can also be filed at an extra small fee.

Have your treatment in a comfortable, caring and friendly environment. I look forward to meeting you.

**To make an appointment**, call Susan on: 07957867516

## The Coffee Connection Bereavement Meet & Chat

Come and join us for a tea or coffee and meet other people, who like you, have experienced bereavement. We meet once a month on the third Thursday, between 10am and 12pm at **Providero, Upper Mostyn Street, Llandudno**

Join us  
Every third  
Thursday  
of the month,  
10-12

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good  
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