

# Gwasanaethau rheolaidd yn ein heglwysi

## Regular services in our churches

### Croeso i bawb - All welcome

#### Regular Sunday Services:

|                 |   |
|-----------------|---|
| <b>8 am</b>     | Holy Eucharist at St Hilary's<br>(1st and 3rd Sundays)<br>Holy Eucharist at St David's (every Sunday)                         |
| <b>9.30 am</b>  | Holy Eucharist at St Cystennin's<br>Morning Prayer on 2nd Sunday<br>Holy Eucharist at St Grwst's and St Michael & All Angels* |
| <b>10.30 am</b> | Holy Eucharist at St Paul's   |
| <b>11 am</b>    | Holy Eucharist at All Saints*, St David's and St Hilary's*  |
| <b>11.15 am</b> | Holy Eucharist at St Ffraid's   |
| <b>2 pm</b>     | Holy Eucharist at St Martin's<br>(Evensong on 3rd Sunday)   |
| <b>4 pm</b>     | Cymun Bendigaidd at St Hilary's (4th Sunday)  |
| <b>6 pm</b>     | Café Church in St David's Hall (last Sunday)  |

**\*Sunday 30th November** - Joint Service at St Hilary's at 11 am for St Hilary's, All Saints and St Michael & All Angels (no other services at those churches on that day)

#### Remembrance Sunday 9th November

Please note that 11 am services at **All Saints, St David's and St Hilary's** will begin at **10.55 am**

**St Ffraid's** - Holy Eucharist at **9.45 am** followed by Act of Remembrance at the cenotaph

**St Martin's** - Worship service at **10.45 am**

**St Grwst's** - Remembrance service at **10 am** followed by procession to Cenotaph and Act of Remembrance  
Also All Souls Requiem Mass at **6 pm at St Grwst's**



#### OTHER REGULAR SERVICES, GROUPS etc.:

(Further details on other pages)

**Holy Eucharist:** - Wednesday 10 am All Saints and St Ffraid's; Thursday 10.30 am St Paul's; Friday 10 am St David's

**Healing Service** - 10 am Healing Eucharist on first Friday of the month at St David's

**Morning Prayer:** Said in St David's at 9.30 am most Tuesday mornings - check Pew News

**Sounds of the Eternal** - Sound bath meditation in St Grwst's Fridays at 2 pm (not 14th Nov), and St Ffraid's 6 pm 8th November

**Service of Holy Eucharist at St David's Hospice**, Abbey Road, every 2nd Wednesday of the month at 2 pm  
**Whosoever J3:16** - LGBT+ community and friends service: **15th November** at All Saints Deganwy  
contact [SarahHildreth-Osborn@cinw.org.uk](mailto:SarahHildreth-Osborn@cinw.org.uk) for details

**Julian Group** - 8 pm Mondays (not Bank Holidays) by Zoom [lindamaryedwards@yahoo.co.uk](mailto:lindamaryedwards@yahoo.co.uk)

**WhatsApp prayer group:** for prayer and to share reflections - contact Mandy in the Parish Office to join  
**St David's Church open** Tuesdays, Wednesdays and Thursdays 10-12 noon

**St David's Church Hub Prayers** - 11.00 am on Tuesdays

**All Saints' House Group** 7.30 pm Tuesdays fortnightly contact [efl.james@hotmail.co.uk](mailto:efl.james@hotmail.co.uk) for details

**Study Groups at St David's** - Wednesdays 11-12 noon and 6 pm

**3Cs (Cuppa, Chat and Community)** 2 pm at St David's twice monthly

**Warm Welcome Bereavement Group** (check calendar for dates) at St Paul's Church Hall

**St Michael's Hub** - Open House for everyone, 3rd Thursdays, 1-3 pm at St Michael & All Angels  
Llandudno Junction

**Men's Shed** - Thursdays 10-12 noon at St David's, Penrhyn Bay

**Mothers' Union** at All Saints and St Ffraid's, and **Fellowship Group** at St Paul's - see back page for contacts and calendar pages for meeting dates

**Paned a Sgwrs/Cuppa and Chat** - at several of our churches on different days - see page 10 for details