Gwasanaethau rheolaidd yn ein heglwysi
Regular services in our churches
Croeso i bawb - All welcome

Regular Sunday Services:

8 am	Holy Eucharist at St Hilary's (1st and 3rd Sundays) Holy Eucharist at St David's (every Sunday)
9.30 am	Holy Eucharist at St Cystennin's (may be Morning Prayer on 2nd Sunday) Holy Eucharist at St Grwst's and St Michael & All Angels
10.30 am	Holy Eucharist at St Paul's
11 am	Holy Eucharist at All Saints, St David's and St Hilary's`
11.15 am	Holy Eucharist at St Ffraid's
2 pm	Holy Eucharist at St Martin's
4 pm	Cymun Bendigaid at St Hilary's (4th Sunday)
6 pm	Café Church in St David's Hall (last Sunday))

Please note that services in St Hilary's are currently being held in the Schoolroom due to building work

OTHER REGULAR SERVICES, GROUPS etc.:

(Further details on other pages)

Holy Eucharist: - Wednesday 10 am All Saints and St Ffraid's; Thursday 10.30 am St Paul's; Friday 10 am St David's

Healing Service - 10 am Healing Eucharist on first Friday of the month at St David's

Sounds of the Eternal - Sound bath meditation in St Grwst's Fridays at 2 pm (not 20th February)

Service of Holy Eucharist at St David's Hospice, Abbey Road, every 2nd Wednesday of the month at 2 pm

Whosoever J3:16 - LGBT+ community and friends service: **Saturday 21st February** at All Saints Deganwy - contact SarahHildreth-Osborn@cinw.org.uk for details

Julian Group - 8 pm Mondays (not Bank holidays) by Zoom lindamaryedwards@yahoo.co.uk

WhatsApp prayer group: for prayer and to share reflections - contact Mandy in the Parish Office to join

St David's Church open Tuesdays, Wednesdays and Thursdays 10-12 noon

St David's Church Hub Prayers - 11.30 am on Tuesdays (note change of time)

All Saints' House Group 7.30 pm Tuesdays fortnightly contact efl.james@hotmail.co.uk for details

Study Group at St David's - Wednesdays 11-12 noon

3Cs (Cuppa, Chat and Community) at St David's twice monthly

Warm Welcome Bereavement Group at St Paul's Church Hall 10-12 noon 2nd Saturday of month

St Michael's Hub - Open House for everyone, 3rd Thursdays, 1-3 pm at St Michael & All Angels Llandudno Junction

Men's Shed - Thursdays 10-12 noon at St David's, Penrhyn Bay

Mothers' Union at St Ffraid's, and **Fellowship Group** at St Paul's - see back page for contacts and calendar for meeting dates

Paned a Sgwrs/Cuppa and Chat - at several of our churches on different days - see page 9 for details

Online	**COVID**
We continue our online presence on the Mission Area Facebook Page **www.facebook.com/aberconwyMA** and individual church Facebook pages . **ST PAUL'S** stream their 10.30 am Sunday morning service and this can be found via the link https://www.facebook.com/stpaulscraigydon	Please continue to take any sensible precautions that you wish. The common cup has been restored but as always communion in one kind remains valid and no communicant should feel compelled to take the common cup.