



ARDAL GENHADOL ABERCONWY MISSION AREA

PEW NEWS

Sunday 15th Feb 2026

ASH WEDNESDAY 18th February

Services of Holy Eucharist (with Ashing):

10 am – All Saints Deganwy (followed by coffee and discussion),
St David's Penrhyn Bay (followed by coffee and discussion),
St Ffraid's Glan Conwy

6 pm – St Grwst's Llanrwst
7 pm – St Michael's Llandudno Junction

LENT GROUPS

Our Lent Groups this year will give people the chance to bring their questions about life, faith and the world, providing the opportunity for conversations and prayer about things that are really concerning us.

Groups at All Saints and St David's on Wednesday mornings begin this week, other groups begin next week and details will be on next week's Pew News.

OTHER EVENTS THIS WEEK

Mon 16th – 12.30 pm 3CCCs at St David's
8pm Julian Group on Zoom

Tues 17th – 11.30 am Prayer Group SD Church
2 pm St Hilary's Church
committee in the Schoolroom

Wed 20th – Cuppa and Chat in Glan Conwy
Church House following the 10am service

Thurs 19th – 10.30 am HE in St Paul's Church
(refreshments and chat afterwards)
10-12 noon Jo's Shed at St David's
10-12 noon Paned a Sgwrs at St Grwst's

Fri 20th – 10 am HE in St David's coffee and chat
No Sound baths Meditation is SG today

Sat 21st – 11.30 am Whosoever service at
All Saints for the LGBT+ community and friends

Sun 22nd – as well as 8 and 11 am services
There will be Café Church at 6 pm in SD hall

Saturday 21st Feb Walking in the Wrong Direction and other encounters with God, a preached retreat to help prepare for Lent at St Beuno's Spirituality Centre, from 10.30am to 4pm – 01745 582245 for details

-Vocations Day – Ministry in a secular age Sat 28th Feb in Llangollen from 9.30 to 4pm

Church Prayers asked for: Doreen Williams, James Stewart, Alan & Adrina Price, Andrew James, Mavis McMutrie, Ian Evans, Pat Hay, Lucy Roberts, Nicola Bowman, Nigel Moon, Lindsey Jordan, Daphne Laight, Barbara Rohde, Julia Shirliffe, Olwen Davies, Josie Stanton, Jeff Wright, Carole Roberts, Hilda Oakes Graham Shimmin, Julie Anderson, Hefin Williams, Audrey Worsley, Shirley Bradley, Ian and Pauline Cole R.I.P John Patrick Beagan, Beryl Taylor, Euros Wyn Jones

Readings Sun 22nd Feb: Genesis 2. 15-147, 3. 1-7, Psalm 32, Romans 5. 12-19, Matthew 4. 1-11

Prayer Intentions - For the preparations to keep the coming season of Lent as a time for spiritual growth, praying for those who meet together for worship and for all the groups that will meet across the Mission Area during Lent for discussion study and prayer, so that in all our worship and our witness we will be encouraged to demonstrate your love in convincing ways to the world.

PARISH OFFICE CONTACT DETAILS - Ring: 01492 541615 Tues Wed or Thurs mornings or email Mandy on office@aberconwy.church **For urgent matters**, please contact one of our Clergy team Rev Sarah 01492 702330, or Tad Huw on 07779 655 949 You can also contact our Lay Mission Area Leader Dilys Stone 01492 879997 or email her dilysstone@cinw.org.uk

Sunday 15th February 2026 Responsorial
Psalm 2 The Sunday next before Lent

Almighty Father, your Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

A reading from Exodus (24.12-18)

The Lord said to Moses, 'Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.'

So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, 'Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.'

Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud.

Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

This is the word of the Lord.
Thanks be to God.

Psalm 2

The Lord is the strength of his people, a safe refuge for his anointed.

Why are the nations in tumult, and why do the peoples devise a vain plot? The kings of the earth rise up, and the rulers take counsel together, against the Lord and against his anointed: 'Let us break their bonds asunder and cast away their cords from us.'

The Lord is the strength of his people, a safe refuge for his anointed.

He who dwells in heaven shall laugh them to scorn; the Lord shall have them in derision. Then shall he speak to them in his wrath, and terrify them in his fury: 'Yet have I set my king upon my holy hill of Zion.'

The Lord is the strength of his people, a safe refuge for his anointed.

I will proclaim the decree of the Lord; he said to me: 'You are my Son; this day have I begotten you. Ask of me, and I will give the nations for your inheritance, and the ends of the earth for your possession. You shall break them with a rod of iron, and dash them in pieces like a potter's vessel.'

The Lord is the strength of his people, a safe refuge for his anointed.

Now therefore be wise, O kings; be prudent, you judges of the earth. Serve the Lord with fear, and with trembling kiss his feet, lest he be angry, and you perish from the way; for his wrath is quickly kindled.

Happy are all they who take refuge in him.

The Lord is the strength of his people, a safe refuge for his anointed.

A reading from 2 Peter (1.16-21)

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honour and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, 'This is my Son, my Beloved, with whom I am well pleased.'

We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts.

First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

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Thanks be to God.

Listen to the Gospel of Christ according to St Matthew (17.1-9)

Glory to you, O Lord.

Jesus took with him Peter and James and his brother John and led them up a

high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white.

Suddenly there appeared to them Moses and Elijah, talking with him.

Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.'

While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!'

When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, 'Get up and do not be afraid.' And when they looked up, they saw no one except Jesus himself alone.

As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Holy God, we see your glory in the face of Jesus Christ: may we, who are partakers at his table, reflect his life in word and deed, that all the world may know his power to change and save. This we ask through Jesus Christ our Lord. **Amen.**

Hollalluog Dad, y datguddiwyd dy Fab mewn mawredd cyn iddo ddioddef angau ar y groes: dyro inni ras i ganfod ei ogoniant, fel y cawn ein cryfhau i ddioddef gydag ef a'n newid o ogoniant i ogoniant i fod yn debyg iddo ef; sy'n fyw ac yn teyrnasu gyda thi yn undod yr Ysbryd Glân, yn un Duw, yn awr a hyd byth. **Amen.**

Darlenniad o Exodus (24.12-18)

Dywedodd yr Arglwydd wrth Moses, "Tyrd i fyny ataf i'r mynydd, ac aros yno; yna fe roddaf iti lechau o garreg, gyda'r gyfraith a'r gorchymyn a ysgrifennais ar eu cyfer i'w hyfforddi." Felly cododd Moses a'i was, Josua, ac aeth Moses i fyny i fynydd Duw.

Dywedodd wrth yr henuriaid, "Arhoswch yma amdanom nes inni ddod yn ôl atoch; bydd Aaron a Hur gyda chwi, ac os bydd gan rywun gŵyn, aed atynt hwy."

Aeth Moses i fyny i'r mynydd, a gorchuddiwyd y mynydd gan gwmwl. Arhosodd gogoniant yr Arglwydd ar Fynydd Sinai, a gorchuddiodd y cwmwl y mynydd am chwe diwrnod; yna ar y seithfed dydd, galwodd Duw ar Moses o ganol y cwmwl. Yr oedd gogoniant yr Arglwydd yn ymddangos yng ngolwg pobl Israel fel tân yn diffa ar ben y mynydd.

Aeth Moses i ganol y cwmwl, a dringodd i fyny'r mynydd, a bu yno am ddeugain diwrnod a deugain nos.

Dyma air yr Arglwydd.

Diolch a fo i Dduw.

Salm 2

1 Pam y mae'r cenhedloedd yn terfysgu a'r bobloedd yn cynllwyn yn ofer?

2 **Y mae brenhinoedd y ddaear yn barod, a'r llywodraethwyr yn ymgynghori â'i gilydd yn erbyn yr Arglwydd a'i eneinio:**

3 "Gadewch inni ddryllio eu rhwymau, a thafu ymaith eu rheffynnau."

4 **Fe chwardd yr un sy'n eistedd yn y nefoedd; y mae'r Arglwydd yn eu gwatwar.**

5 Yna fe lefara wrthynt yn ei lid a'u dychryn yn ei ddieter:

6 **"Yr wyf fi wedi gosod fy mrenin ar Seion, fy mynydd sanctaidd."**

7 Adroddaf am ddatganiad yr Arglwydd. Dywedodd wrthyf, "Fy mab wyt ti, myfi a'th genhedlodd di heddiw;

8 **gofyn, a rhoddaf iti'r cenhedloedd yn etifeddiaeth, ac eithafoedd daear yn eiddo iti;**

9 fe'u drylli â gwialen haearn a'u malurio fel llestr pridd."

10 **Yn awr, frenhinoedd, byddwch ddoeth; farnwyr y ddaear, cymerwch gyngor;**

11 gwasanaethwch yr Arglwydd mewn ofn; mewn cryndod cusanwch ei draed,

12 **rhag iddo ffroni ac i chwi gael eich difetha; oherwydd fe gyneua ei lid mewn dim. Gwyn eu byd y rhai sy'n llochesu ynddo.**

Darlenniad o 2 Pedr (1.16-21)

Nid dilyn chwedlau wedi eu dyfeisio'n gyfrwys yr oeddem wrth hysbysu i chwi allu ein Harglwydd Iesu Grist a'i ddyfodiad; yn hytrach, yr oeddem wedi ei weld â'n llygaid ein hunain yn ei fawredd. Yr oeddem yno pan roddwyd iddo anrhydedd a gogoniant gan Dduw Dad, pan ddaeth y llais ato o'r Gogoniant goruchel yn dweud: "Hwn yw fy Mab, fy Anwylyd; ynddo ef yr wyf yn ymfrydu." Fe glywsom ni'r llais hwn yn dod o'r nef, oherwydd yr oeddem gydag ef ar y mynydd sanctaidd.

Y mae gennym hefyd genadwri gwbl ddibynadwy y proffwydi; a pheth da fydd i chwi roi sylw iddi, gan ei bod fel cannyll yn disgleirio mewn lle tywyll, hyd nes y bydd y Dydd yn gwawrio a seren y bore yn codi i lewyrchu yn eich calonnau.

Ond sylwch ar hyn yn gyntaf: nid yw'r un broffwydoliaeth o'r Ysgrythur yn fater o ddehongliad personol, oherwydd ni ddaeth yr un broffwydoliaeth erioed trwy ewyllys ddynol; pobl oeddent a lefarodd air oddi wrth Dduw wrth gael eu hysgogi gan yr Ysbryd Glân.

Dyma air yr Arglwydd.

Diolch a fo i Dduw.

Gwrandewch Efengyl Crist yn ôl Sant Mathew (17.1-9)

Gogoniant i ti, O Arglwydd.

Ymhen chwe diwrnod dyma Iesu'n cymryd Pedr ac Iago ac Ioan ei frawd a mynd â hwy i fynydd uchel o'r neilltu. A gweddnwidiwyd ef yn eu

gŵydd hwy, a disgleiriodd ei wyneb fel yr haul, ac aeth ei ddillad yn wyn fel y goleuni. A dyma Moses ac Elias yn ymddangos iddynt, yn ymddiddan ag ef.

A dywedodd Pedr wrth Iesu, "Arglwydd, y mae'n dda ein bod ni yma; os mynni, gwnafr yma dair pabell, un i ti ac un i Moses ac un i Elias."

Tra oedd ef yn dal i siarad, dyma gwmwl golau yn cysgodi drostynt, a llais o'r cwmwl yn dweud, "Hwn yw fy Mab, yr Anwylyd; ynddo ef yr wyf yn ymfrydu; gwrandewch arno."

A phan glywodd y disgyblion hyn syrthiasant ar eu hwynebau a chydiodd ofn mawr ynddynt. Daeth Iesu atynt a chyffwrdd â hwy gan ddweud, "Codwch, a pheidiwch ag ofni." Ac wedi edrych i fyny ni welsant neb ond Iesu'n unig.

Wrth iddynt ddod i lawr o'r mynydd gorchymnodd Iesu iddynt, "Peidiwch â dweud wrth neb am y weledigaeth nes y bydd Mab y Dyn wedi ei gyfodi oddi wrth y meirw."

Dyma Efengyl yr Arglwydd.

Moliant i ti, O Grist.

Dduw sanctaidd, gwelwn dy ogoniant yn wyneb Iesu Grist: bydded i ni sy'n cyfranogi wrth ei fwrdd adlewyrchu ei fywyd ar air a gwethred, er mwyn i'r holl fyd adnabod ei allu i newid ac i achub. Gofynnwn hyn drwy Iesu Grist ein Harglwydd. **Amen.**

THE COLLECT

Almighty Father, your Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

FIRST READING

A Reading from Exodus [24.12-18]
The Lord said to Moses, 'Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.' So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, 'Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.' Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

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THE PSALM

Psalm 2

R: *The Lord is the strength of his people.*

Why are the nations in tumult, and why do the peoples devise a vain plot? The kings of the earth rise up, and the rulers take counsel together, against the Lord and against his anointed: 'Let us break their bonds asunder and cast away their cords from us.' **R:**

He who dwells in heaven shall laugh them to scorn; the Lord shall have them in derision. Then shall he speak to them in his wrath, and terrify them in his fury: 'Yet have I set my king upon my holy hill of Zion.' **R:**

I will proclaim the decree of the Lord; he said to me: 'You are my Son; this day have I begotten you. Ask of me, and I will give the nations for your inheritance, and the ends of the earth for your possession. You shall break them with a rod of iron, and dash them in pieces like a potter's vessel.' **R:**

Now therefore be wise, O kings; be prudent, you judges of the earth. Serve the Lord with fear, and with trembling kiss his feet, lest he be angry, and you perish from the way; for his wrath is quickly kindled. Happy are all they who take refuge in him. **R:**

SECOND READING

A Reading from Galatians [3.23-26]
Before faith came, we were kept under guard by the law, kept for the faith which would afterward be revealed. Therefore the law was our schoolmaster to bring us to Christ, that we might be justified by faith. But after faith has come, we are no longer under a schoolmaster.

This is the word of the Lord.

Thanks be to God.

THE GOSPEL

Matthew 17: 1-9

The Lord be with you

And with your spirit.

Listen to the Gospel of Christ according to St Matthew

Glory to you, O Lord.

Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white.

Suddenly there appeared to them Moses and Elijah, talking with him.

Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.'

While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!'

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As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

This is the Gospel of the Lord.

Praise to you, O Christ.

POST COMMUNION

Holy God, we see your glory in the face of Jesus Christ: may we, who are partakers at his table, reflect his life in word and deed, that all the world may know his power to change and save. This we ask through Jesus Christ our Lord. **Amen.**

Sunday 15th February 2026
The Sunday next before Lent

Almighty Father, your Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

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Gradual: Hymn 79 Jesus, on the mountain peak
(tune 214 St. Albinus)

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As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Anthem: Hymn 728 Meekness and majesty

Holy God, we see your glory in the face of Jesus Christ: may we, who are partakers at his table, reflect his life in word and deed, that all the world may know his power to change and save. This we ask through Jesus Christ our Lord. **Amen.**

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LENT 2026

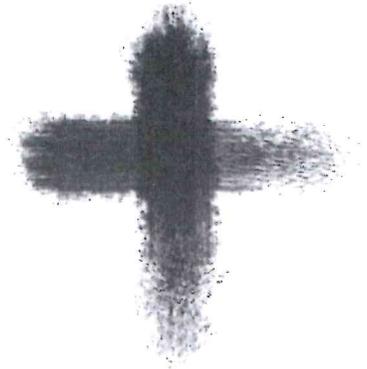
ASH WEDNESDAY 18TH FEBRUARY

There will be services of Holy Communion with Ashing at the following times and places:

10 am All Saints Deganwy, St David's Penrhyn Bay,
St Ffraid's Glan Conwy

6 pm St Grwst's Llanrwst

7 pm St Michael & All Angels, Llandudno Junction



We hope that this range of services will provide an opportunity for everyone to begin Lent as the church suggests, making their communion and act of penitence and dedication.



Life is FULL
of Questions!
Journeying together
through
LENT 2026

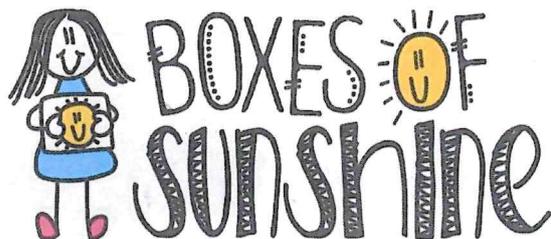
LENT GROUPS

As explained on the front page, we are trying a different approach to Lent Groups this year, giving people the chance to bring their questions about life, faith and the world, providing the opportunity for conversations and prayer about the things that are really concerning us.

Sometimes this will take place at existing gatherings for fellowship in our churches, after mid-week services for instance, and there may also be extra acts of worship and gatherings together during the period of Lent. **Look out for more information** about what is happening in or near your churches. St Paul's have already published their plans for a group, meeting in the hall lounge during Lent on Thursdays 5-6.15 pm., and the Wednesday morning group at St David's will start with the Ash Wednesday service leading in to a discussion on Faith using the book of James, with people encouraged to read the chapter beforehand each week. All will be welcome to any of these.

Lent is given to all of us as a gift to develop our relationship with God and with one another - let's make the most of it!

LENT COLLECTION



Giving a gift to a young person with a chronic illness

www.boxesofsunshine.co.uk

A Box of Sunshine is a postal box filled with 11 small gifts that we think a young person with a chronic illness will appreciate.

The Mission Area conference has decided that our Lent Collection this year will go towards the Diocesan Offering for 2026, which is in aid of the charity Boxes of Sunshine.

A Box of Sunshine is a postal box filled with 11 small gifts that a young person with a chronic illness or lasting health condition will appreciate. Boxes are aimed at young people aged 11-16, who have a chronic illness, disability or condition (physical or mental) that prevents them from living a normal life. (If you are a parent, carer, teacher, medical professional, relative or a friend of someone in this position, and you think a Box of Sunshine would bring a smile to their face, then do get in touch with them [Boxes Of Sunshine | Charity Gift Boxes](#))

The boxes are prepared by the charity to ensure that they are appropriate to those who receive them. It can be very tough to live with a chronic illness, and the boxes let these young people know that they're not forgotten. Founded in memory of Kirsten, a vibrant 14 year old who face her own health battles, each item in the box is inspired by Kirsten's interests and the things that brought her comfort, such as card games, sunflower seeds, sweets and small treats.

We are therefore asking you to play your part by contributing any donation, large or small. They can be sent to the Parish Office, handed to your churchwardens, or put in the Sunday collection plate, but in each case please put it in an envelope and mark it clearly 'Boxes of Sunshine'. If writing a cheque, please make this payable to the Aberconwy Mission Area, as we will gather all donations together to send to the Diocese.

If any churches would like to put on an event to raise money towards the Lent Collection, such as a Lent lunch or similar - please do let Mandy in the Parish Office know so that we can help publicise it through the Pew News and the March magazine.

Eco Church Celebration Day

This is a moment to energise, celebrate, enthuse others, and to help grow the Eco Church movement within the Church in Wales and beyond.

You are warmly invited to a special Eco Church Celebration Day, organised by the Church in Wales, recognising and honouring your A Rocha UK Eco Church achievement.

Hear from inspiring speakers offering fresh insight and challenge.

- 🕒 Explore church-based thematic case studies that showcase real impact.
- 🕒 Look ahead together to future aspirations for climate and nature action.

Share your own Eco Church experiences over a delicious lunch

Event details

The event is FREE, but booking is essential.

St Asaph Cathedral
Thursday, 19 February 2026
10.30am – 3pm
<https://ciwl.eventbrite.co.uk>



Save the date!

**'Walking in the "wrong" direction and other encounters with God'
a preached retreat to help prepare for Lent**

**led by Revd Mike Haslam
Diocesan Director of Transforming Ministry, St Asaph**

**Saturday 21 February 2026, 10.30 am to 4 pm
St Beuno's Spirituality Centre, near St Asaph**

**ST ASAPH DIOCESAN SPIRITUALITY GROUP
GRŴP YSBRYDOLRWYDD ESGOBAETHOL LLANELWY**

**For full details and to book your place
contact stasaphspirituality@cinw.org.uk
or call 01745 582245**

Pilgrimage to the Anglican Shrine of Our Lady of Walsingham July 13th -17th 2026

Cost approx. £500

Includes travel by coach and full board
Travelling with other pilgrims from across North Wales
Book with Tad Huw with a £60 deposit by December 1st

For more information or to book call Tad Huw
07779655949 - HuwBryant@cinw.org.uk

For more information on the Shrine
<https://www.walsinghamanglican.org.uk>

