



# Journeying together

*Canon Sarah Hildreth-Osborn writes:*

## **The Heart of Our Story: Why Holy Week Matters**

Holy Week is the most profound and transformative stretch of the Christian year. It is the week when the story we tell every Sunday unfolds in real time: love that kneels to wash feet, love that refuses violence, love that carries a cross, love that breaks open the tomb. Yet in many parishes, these services are the least attended of the year. Perhaps the week feels too heavy, or life too busy, or the story too familiar. But stepping into Holy Week—really stepping into it—changes how Easter feels, and how faith feels, long after the lilies have faded.



## **Walking the Way, Not Skipping to the Ending**

Most of us would never read a novel by skipping straight to the final chapter. Yet many Christians experience Easter without the journey that gives it depth. The joy of resurrection becomes richer when we have allowed ourselves to sit at the table on Maundy Thursday, to stand at the foot of the cross on Good Friday, and to wait in the quiet ache of

Holy Saturday. These services invite us not just to remember events long ago, but to inhabit them. They shape our imagination, our compassion, and our understanding of God.

## **A Week That Speaks to Real Life**

Holy Week is not a tidy story. It is full of misunderstanding, betrayal, fear, courage, tenderness, grief, and hope. In other words, it mirrors the landscape of our own lives. When we gather for these services, we bring our own stories with us: the relationships that need mending, the burdens we carry, the questions we whisper in the dark. Holy Week gives us a place to set them down. It reminds us that Jesus knows the fullness of human experience from the inside out.

## **Community at Its Most Honest**

There is something uniquely powerful about worshipping together during Holy Week. These services draw us into a shared vulnerability: we kneel together, we keep silence together, we listen to long readings that refuse to rush. We acknowledge the shadows in ourselves and in the world. And then, on Easter morning, we rise together. The Alleluia rings truer because

### **Exploring Faith and Worship, sharing Christ's Love with the Community**

All Saints, Deganwy • St Cystennin's, Llangystennin & Mochdre • St David's, Penrhyn Bay  
St Ffraid's, Glan Conwy • St Grwst's, Llanrwst • St Hilary's, Llanrhos • St Martin's, Eglwysbach  
St Michael and All Angels, Llandudno Junction • St Paul's, Craig-y-Don

[www.aberconwy.church](http://www.aberconwy.church)

**£1 - ar-lein am ddim/online free**

we have travelled the road as a community, not as solitary believers.

### **A Gift Worth Making Time For**

Yes, Holy Week asks something of us. It asks for time, attention, and a willingness to be moved. But what it offers in return is immeasurable: a deeper Easter, a steadier faith, a renewed sense of God's presence in the mess and beauty of ordinary life. Even attending one or two services can open a door to grace.

As Holy Week approaches, consider making space for this journey. Come as you are—tired, hopeful, distracted, prayerful, uncertain. The story will meet you. And the God who walks this road will meet you too, step by step, all the way to the dawn of resurrection.

*See pages 8 and 9 for a full list of Holy Week services*

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## **Commissioned Ministries**

We are very pleased that in March we will be commissioning two members of our church family to join our team of commissioned ministers.

On Sunday 1st March Gill Tyrer will be commissioned as a Pastoral Assistant at the morning service at St David's, and on Sunday 8th March Phil Tranter will be commissioned as a Worship Leader during the morning service at St Paul's.

It is encouraging to know that there are people in our congregations who have felt the call to put themselves forward for this level of ministry, and we would always encourage anyone to think about how they might contribute to our church life - in whatever way, large or small. We all have our part to play and everyone is valued.

If you would like to know more about this, please speak to one of the clergy, or to one of our team of Worship Leaders or Pastoral Assistants, and meanwhile please pray for Gill and Phil as they take on these new roles.

### **MISSION AREA CLERGY:**

Canon Sarah Hildreth-Osborn - [sarahhildreth-osborn@churchinwales.org.uk](mailto:sarahhildreth-osborn@churchinwales.org.uk)  
01492 702330 (Day off Friday)

Revd Huw Bryant - 07779 655949 (Day off Monday)

Canon Quentin Bellamy (retired priest caring for St David's)

Revd Tim Hall (retired priest caring for St Paul's)

**PARISH OFFICE:** Penrhyn Beach East, Llandudno, LL30 3NT - 01492 541615

[office@aberconwy.church](mailto:office@aberconwy.church)

**The Parish Office is normally open Tuesdays, Wednesdays and Thursdays 10am to 12.30pm**

*Please note that emails will only be read during office hours.*

**For anything urgent out of office hours** please contact one of our clergy team or Dilys Stone, Lay Mission Area Leader on 01492 879997.

*For other contact details please see back page*

# Gwasanaethau rheolaidd yn ein heglwysi

## Regular services in our churches

### *Croeso i bawb - All welcome*

#### Regular Sunday Services:

<b>8 am</b>	Holy Eucharist at St Hilary's (1st and 3rd Sundays) Holy Eucharist at St David's (every Sunday)
<b>9.30 am</b>	Holy Eucharist at St Cystennin's (may be Morning Prayer on 2nd Sunday) Holy Eucharist at St Grwst's and St Michael & All Angels*
<b>10.30 am</b>	Holy Eucharist at St Paul's
<b>11 am</b>	Holy Eucharist at All Saints*, St David's and St Hilary's*
<b>11.15 am</b>	Holy Eucharist at St Ffraid's
<b>2 pm</b>	Holy Eucharist at St Martin's
<b>4 pm</b>	Cymun Bendigaid at St Hilary's (4th Sunday)
<b>6 pm</b>	Café Church in St David's Hall (last Sunday))

\*Please note that on Sunday 29th March the only service for All Saints, St Hilary's and St Michael's will be at 11 am at All Saints

#### OTHER REGULAR SERVICES, GROUPS etc.:

(Further details on other pages - also please check page 6 for extra times during Lent)

**Holy Eucharist:** - Wednesday 10 am All Saints and St Ffraid's; Thursday 10.30 am St Paul's;  
Friday 10 am St David's

**Healing Service** - 10 am Healing Eucharist on first Friday of the month at St David's (not 4th April)

**Sounds of the Eternal** - Sound bath meditation in St Grwst's Fridays at 2 pm (not 4th April)

**Service of Holy Eucharist at St David's Hospice**, Abbey Road, every 2nd Wednesday of the month at 2 pm

**Whosoever J3:16** - LGBT+ community and friends service: **Saturday 21st March** at All Saints

Deganwy - contact [SarahHildreth-Osborn@cinw.org.uk](mailto:SarahHildreth-Osborn@cinw.org.uk) for details

**Julian Group** - 8 pm Mondays (not Bank holidays) by Zoom [lindamaryedwards@yahoo.co.uk](mailto:lindamaryedwards@yahoo.co.uk)

**WhatsApp prayer group:** for prayer and to share reflections - contact Mandy in the Parish Office to join

**St David's Church open** Tuesdays, Wednesdays and Thursdays 10-12 noon

**St David's Church Hub Prayers** - 11.30 am on Tuesdays

**All Saints' House Group** - not meeting during Lent

**Study Group at St David's** - Wednesdays 11-12 noon

**3Cs (Cuppa, Chat and Community)** at St David's twice monthly

**Warm Welcome Bereavement Group** at St Paul's Church Hall 10-12 noon 2nd Saturday of month

**St Michael's Hub** - Open House for everyone, 3rd Thursdays, 1-3 pm at St Michael & All Angels

Llandudno Junction

**Men's Shed** - Thursdays 10-12 noon at St David's, Penrhyn Bay

**Mothers' Union** at St Ffraid's, and **Fellowship Group** at St Paul's - see back page for

contacts and calendar for meeting dates

**Paned a Sgwr/Cuppa and Chat** - at several of our churches on different days - see page 12 for details

#### Online

We continue our online presence on the Mission Area Facebook Page [www.facebook.com/aberconwyMA](https://www.facebook.com/aberconwyMA) and individual church Facebook pages. **ST PAUL'S** stream their 10.30 am Sunday morning service and this can be found via the link <https://www.facebook.com/stpaulscraigydun>

#### COVID

Please continue to take any sensible precautions that you wish.

The common cup has been restored but as always communion in one kind remains valid and no communicant should feel compelled to take the common cup.

# Mis Mawrth 2026 - CALENDAR - March 2026

		Services	Other events
<b>SUNDAY</b>	<b>1</b>	<b>SEE SERVICES LIST: Also lunch at St Hilary's</b>	
Monday	2	Compline 7 pm St M; Julian Meeting 8 pm	3Cs 2 pm St D
Tuesday	3	HE 9.30 am St D; Hub prayers 11.30 am St D	
Wednesday	4	HE 10 am AS and St Ff; HE 7 pm St M; Compline & Cocoa 7 pm St G	Lent Groups after service at AS and St M; Also 11 am St D
Thursday	5	HE 10.30 am St P	Jo's Shed 10-12 noon St D; 'Ask the Vicar' 12 noon Eglwysbach Village Hall; Community Tea 2 pm St D Hall; Lent Conversations 5-6.15 pm St P Hall
Friday	6	HE 10 am St D; Sound Baths 2-3 pm St G	World Day of Prayer 2.30 pm Our Lady Star of the Sea RC church, Llandudno
Saturday	7		Fellowship in the Eagles Orchard, Glan Conwy 10-12 noon
<b>SUNDAY</b>	<b>8</b>	<b>SEE SERVICES LIST</b>	
Monday	9	Compline 7 pm St M; Julian Meeting 8 pm by Zoom	St Paul's Community Fellowship 2.15 pm St P Hall
Tuesday	10	HE 9.30 am St D; Hub prayers 11.30 am St D	
Wednesday	11	HE 10 am AS and St Ff; HE St David's Hospice 2 pm; HE 7 pm St M	Lent Groups after service at AS and St M; Also 11 am St D
Thursday	12	HE 10.30 am St P	Jo's Shed 10-12 noon St D; 'Ask the Vicar' 12 noon Eglwysbach Village Hall; Lent Conversations 5-6.15 pm St P Hall
Friday	13	HE 10 am St D; Sound Baths 2-3 pm St G	
Saturday	14		Bereavement Group 10-12 noon St P Hall
<b>MOTHERING SUNDAY</b>	<b>15</b>	<b>SEE SERVICES LIST:</b>	
Monday	16	Compline 7 pm St M; Julian Meeting 8 pm	3Cs 2 pm St D
Tuesday	17	HE 9.30 am St D; Hub prayers 11.30 am St D	
Wednesday	<b>18</b>	HE 10 am AS and St Ff; HE 7 pm St M; Compline & Cocoa 7 pm St G	Lent Groups after service at AS and St M; Also 11 am St D
Thursday	19	HE 10.30 am St P	Jo's Shed 10-12 noon St D; 'Ask the Vicar' 12 noon Eglwysbach Village Hall; Open House Hub St M 1-3 pm; Lent Conversations 5-6.15 pm St P Hall
Friday	20	HE 10 am St D; Sound Baths 2-3 pm St G	<b>**MAGAZINE COPY DATE**</b>
Saturday	21	Whosoever service 11.30 am AS	Fellowship in the Eagles Orchard, Glan Conwy 10-12 noon
<b>PASSION SUNDAY</b>	<b>22</b>	<b>SEE SERVICES LIST</b>	
Monday	23	Compline 7 pm St M; Julian Meeting 8 pm	
Tuesday	24	HE 9.30 am St D; Hub prayers 11.30 am St D	
Wednesday	25	HE 10 am AS and St Ff; HE 7 pm St M; Medieval Mass 7 pm St G	Lent Groups AS and St M; Also 11 am St D
Thursday	26	HE 10.30 am St P	Jo's Shed 10-12 noon St D; Lent Conversations 5-6.15 pm St P Hall
Friday	27	HE 10 am St D; Sound Baths 2-3 pm St G	
Saturday	28		Fellowship in the Eagles Orchard, Glan Conwy 10-12 noon
<b>PALM SUNDAY</b>	<b>29</b>	<b>SEE SERVICES LIST: Also 6 pm Healing Eucharist at St H</b>	
Monday	30	HE 10 am St G; Compline 7 pm St M; Julian Meeting 8 pm by Zoom	
Tuesday	31	HE 10 am St G; HE 3 pm St H	

**KEY: HE - Holy Eucharist;** AS – All Saints; St C – St Cystennin's; St D - St David's; St Ff - St Ffraid's; St G - St Grwst's; St H - St Hilary's; St M – St Michael's; St Ma - St Martin's; St P – St Paul's



# Life is FULL of Questions! Journeying together through LENT 2026

LENT is traditionally the time of year when Christians take up a discipline that enables us to draw closer to God, learning more about God, the world around us and ourselves.

These disciplines might include dedicating more time to prayer, Lectio Divina (holy reading), developing times of silence wanting to learn to listen more keenly to what God might be saying.


The full list of Lent events is on page 6  
and we hope you will be able to take part in some of them.

Also taking place during Lent:

**Experience of Medieval Worship - 7pm 25th of March**  
**St Grwst's Church, Llanrwst**

An immersive experience on the feast of the Annunciation with Voci Choir  
Experience a re-creation of a medieval Mass using 8th century Gregorian Chant  
And the 7th Century Stowe Missal

You are welcome to come and experience as an act of worship  
Or just to listen to ancient music and liturgy



**A Eucharist for Healing & Reconciliation**  
**Palm Sunday 29th March 6 pm at St Hilary's**  
*An invitation to escape the busy-ness of life  
and experience afresh the love, grace and mercy of God.*

This service is being offered to provide a focus for the Lenten journey of preparation. Our time together is an invitation to escape the busy-ness of life and experience afresh the love, grace and mercy of God. You are invited to partake of any of the elements of the service which will include the Laying on of hands and anointing with oil for healing, The Sacrament of Reconciliation (Confession) and Holy Communion

**You are welcome...** There may be elements of this act of worship that you are very comfortable with and there may be other elements that are unfamiliar to you. Wherever you are you are very welcome to come along and receive God's love and grace as it makes sense to you and your life. If you would like to talk about any aspect of this service please contact Revd Sarah 01492 702330/sarahhildreth-osborn@cinw.org.uk or Revd Linda-Mary (lindamaryedwards@yahoo.co.uk).





**DIOCESE OF ST ASAPH**

**GROW FAITH • BRING HOPE • DEMONSTRATE LOVE**

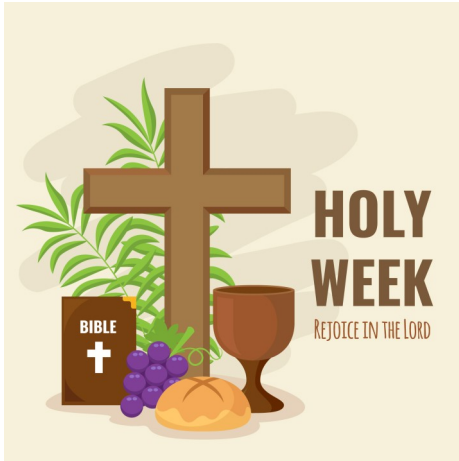
Bishop Gregory invites every member of the Teulu Asaph to join him spiritually every day at 6 pm or thereabouts in saying this specially composed Lent Prayer.

### **Lent Prayer 2026**

GOD of transforming love, you have taught us through your apostle Paul that all we do without love is worth nothing: send your Holy Spirit to pour into our hearts the most excellent gift of love to transform us and the lives of our churches in the Teulu Asaph, so that in all our worship and our witness we may demonstrate your love in convincing ways to the world.  
Amen.

### **Gweddi'r Grawys 2026**

DDUW y cariad sy'n trawsnewid, rwyf wedi'n dysgu trwy dy apostol Paul mai di-werth yw popeth a wnawn heb gariad: anfon dy Ysbryd Glân i dywallt i'n calonnau roddardderchocaf cariad, i'n trawsfurfio ni a bywydau ein heglwysi yn Nheulu Asaph, fel y gallwn ddangos dy gariad i'r byd yn ein holl addoliad a thystiolaeth mewn ffyrdd sy'n argyhoeddi.  
Amen



## Holy Week

We hope you will be able to journey with Jesus through Holy week, attending key services on Palm Sunday, Maundy Thursday and Good Friday, the Easter Vigil on Holy Saturday, and of course Easter Day. If you can, attend other services during the week, and perhaps read the Passion narratives in the Gospels and keep times of silence, prayer and reflection.

**Palm Sunday** - *Marking Jesus' triumphant entry into Jerusalem*

**Normal Sunday services except for joint service** for All Saints, St Hilary's and St Michael's, who meet together at 11 am at All Saints (no other morning services in these churches)

Also - **Healing Eucharist** at 6 pm at St Hilary's



### Monday 30th March

**Holy Eucharist** 10 am St Grwst's

**Compline** 7 pm St Michael's

*As the Week progresses, We follow Jesus' teaching and actions as tensions increase and he prepares for the end of his earthly ministry.*

### Tuesday 31st March

**Holy Eucharist** 10 am St Grwst's, 3 pm St Hilary's

### Wednesday 1st April

**Holy Eucharist** 10 am All Saints and St Ffraid's, 11 am St David's

**Stations of the Cross** at Pantasaph - leaving St Michael's at 4 pm



*On Maundy Thursday we commemorate the Last Supper and Jesus' commandment to love one another with Holy Eucharist. The service typically ends in silence with the "stripping of the altar," where all decorations and vestments are removed to symbolize Jesus' abandonment and the solemnity of Good Friday. The Watch - a period of prayer and meditation held from the end of the service commemorates Christ's agony in the Garden of Gethsemane, honouring his request to his disciples to "watch and pray".*

**Holy Eucharist** 10 am St Grwst's, 10.30 am St Paul's, 6 pm St Ffraid's with Watch;

**Maundy Thursday supper** 6 pm St David's Hall - followed by **Eucharist** around the dinner tables;

**Holy Eucharist** 7 pm St Hilary's with Watch, 8 pm St Grwst's with Watch from 9-midnight  
*(During the Watch times feel free to come and go as you please.)*



*Solemn services as we remember Jesus' crucifixion and death. Services often include readings of the Passion*

- 10 am St Michael's (Good Friday Liturgy)
- 10 am St Ffraid's (At the Foot of the Cross)
- 10 am St Cystennin's (Good Friday Liturgy)
- 10 am St David's (Litany and Ante Communion)

- 12 noon All Saints (Good Friday Liturgy) and St Martin's (At the foot of the Cross)
- 2 pm St Hilary's (Good Friday Liturgy) and St Grwst's (At the Foot of the Cross)
- 4 pm St Paul's (Good Friday Musica and Meditation)

### **Holy Saturday**

*After a day of waiting and quiet reflection, this is the first celebration of Easter (days traditionally being considered to begin at sunset). All light within the church is quenched, the new fire of Easter fire is lit and blessed, the Paschal candle is lit and the light returns.*

**Mission Area Easter Vigil - 7 pm St Ffraid's –**



### **Easter Day**

*Celebrating the Resurrection; the most joyful feast of the Christian year*

#### **Holy Eucharists**

- 8 am St David's and St Hilary's
- 9.30 am St Cystennin's, St Grwst's, St Michael's
- 10.30 am St Paul's
- 11 am St David's, All Saints, St Hilary's
- 11.15 am St Ffraid's
- 2 pm St Martin's

### **Chrim Eucharist – Thursday, March 26th - 11 am**

Unusually this year the Chrim Eucharist at the Cathedral has been brought forward to Passion Week.

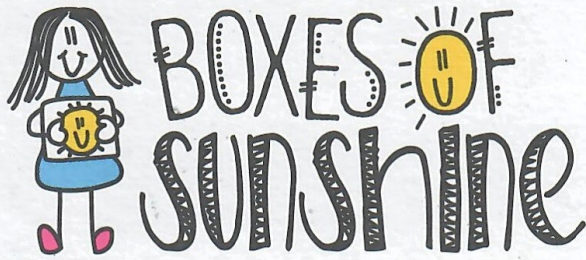
All are invited to celebrate our common life with the Blessing of the Holy Oils and the renewal of the clergy commitment to diaconal, priestly and episcopal service and the re-commitment of all the baptised to mission.

This common celebration is one of the chief points of diocesan life and all licensed and commissioned lay ministers and all members of our congregations are very welcome in addition to all clergy, serving and retired, to help to make the Chrim Eucharist a genuinely diocesan service.

Lunch will follow in the cathedral, and it would be helpful if all clergy and lay people intending to be present at the service could let Mandy in the Parish Office know by 11th March at the latest so that there will be accurate numbers for seating and catering.



# LENT COLLECTION



Giving a gift to a young person with a chronic illness

[www.boxesofsunshine.co.uk](http://www.boxesofsunshine.co.uk)

**A Box of Sunshine is a postal box filled with 11 small gifts that we think a young person with a chronic illness will appreciate.**

Remember that the Mission Area conference has decided that our Lent Collection this year will go towards the Diocesan Offering for 2026, which is in aid of the charity Boxes of Sunshine.

The boxes are aimed at young people aged 11-16, who have a chronic illness, disability or condition (physical or mental) that prevents them from living a normal life. (If you are a parent, carer, teacher, medical professional, relative or a friend of someone in this position, and you think a Box of Sunshine would bring a smile to their face, then do get in touch with them [Boxes Of Sunshine | Charity Gift Boxes](#) )

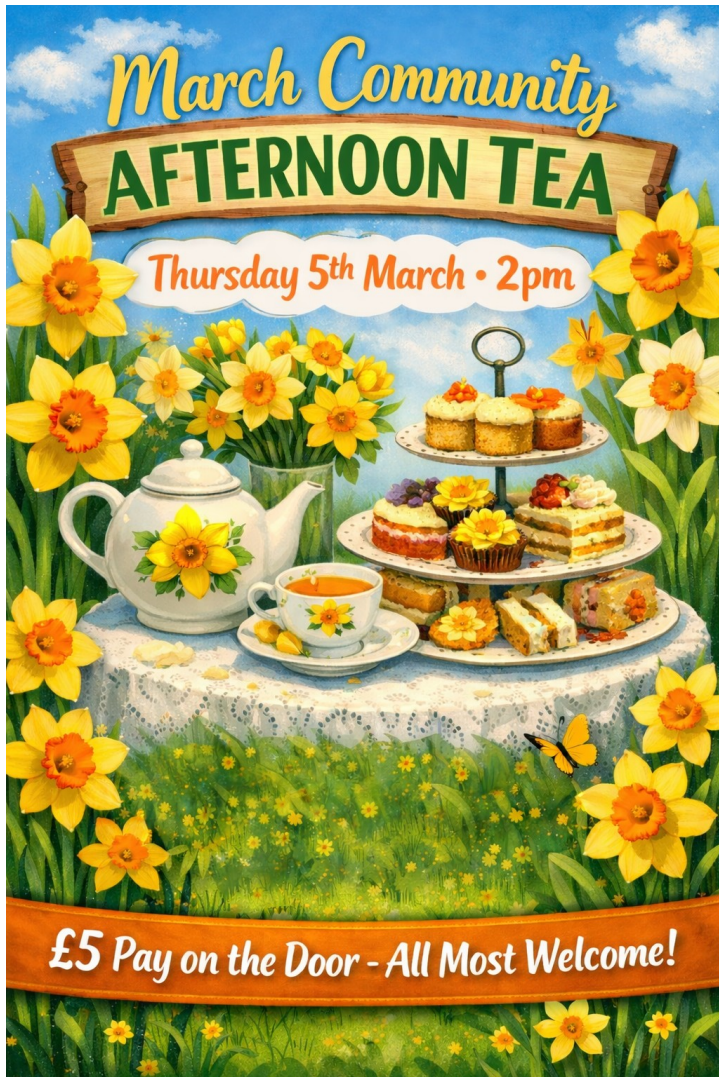
The boxes are prepared by the charity to ensure that they are appropriate to those who receive them. It can be very tough to live with a chronic illness, and the boxes let these young people know that they're not forgotten. Founded in memory of Kirsten, a vibrant 14 year old who face her own health battles, each item in the box is inspired by Kirsten's interests and the things that brought her comfort, such as card games, sunflower seeds, sweets and small treats.

We are therefore asking you to play your part by contributing any donation, large or small. Try having a jam jar at home and popping loose change or a small amount into it each day or week. Donations can be sent to the Parish Office, handed to your churchwardens, or put in the Sunday collection plate, but in each case please put it in an envelope and mark it clearly 'Boxes of Sunshine'. If writing a cheque, please make this payable to the Aberconwy Mission Area, as we will gather all donations together to send to the Diocese.

If any churches would like to put on an event to raise money towards the Lent Collection, such as a Lent lunch or similar - please do let Mandy in the Parish Office know so that we can help publicise it.

# Digwyddiadau Rheolaidd

## Regular events



## JO's Workshop 'Men's Shed' in Penrhyn Bay

Every  
Thursday,  
In the shed in  
St David's  
Church  
grounds.



The kettle goes on  
at 9.58 am, the doors open 10 - 12 noon

Call in to share some banter, come up with  
some project ideas, or just come along and  
have a brew (and biscuits)

All men are welcome

## Struggling with your grief?

SHARE YOUR STORY AND FIND  
SUPPORT FROM OTHERS

Come & join us for a relaxed time of conversation and refreshments  
in the lounge at St Paul's Church Hall, Craig y Don, Llandudno.

Scan QR code for  
date and time of  
next meeting

or visit our facebook page:  
[www.facebook.com/stpaulscraigydono/](http://www.facebook.com/stpaulscraigydono/)

While the loneliness lingers, while life indeed may never be the same, nevertheless it may yet be good.

## Warm Welcome

A time of relaxed  
conversation with tea/  
coffee on the 2nd Saturday  
of the month in St Paul's  
Hall lounge, Craig-y-Don.

We share our stories, find  
we are not alone, and this  
brings comfort and leads  
to hope. It is often helpful  
to come with someone - a  
friend or family member.

All welcome. Join us on  
**Saturday 14th March from  
10-12 noon.**

## The St David's 3C's

(coffee cake and chat!)

The group meets fortnightly at St David's - all are welcome.

On **Monday 2nd March at 2pm** at St David's there will be a talk on Maggie's - the Ysbyty Glan Clwyd Cancer Support Centre, and on **14th March they will be 'Crafting with Lucy'.** **All welcome.** More details from [pandswilliams100@btinternet.com](mailto:pandswilliams100@btinternet.com)

## St Paul's Community Fellowship

The Fellowship meets on **Monday 9th March** at 2.15 pm in St Paul's Hall for a Social afternoon.

A warm welcome to all. More details from [nancyamoon211@yahoo.com](mailto:nancyamoon211@yahoo.com)



This Welsh version equivalent to Songs of Praise will once again be coming from St Grwst's church, to be broadcast on **Sunday 15th March.**

(We are assured that it will have a more local touch this time and there will be some faces that you will recognize!)

## Paned a sgwrs/Cuppa and Chat

**All welcome to these regular gatherings**  
(note there may be some alterations around Easter)

### Glan Conwy Church House

Wednesdays 10.30-12 noon  
after the 10 am morning Eucharist

**St Grwst's Llanrwst**- Thursdays 10-12 noon

**Eglwysbach** (all in the Community Hall):

Monday Club (Chat & Craft) 1-3pm

Village Hall 'Coffee Stop'

Thursdays 10.30-11.30 am

Lunch Club - once a month on a Friday

1-3 pm (details from

[Taniacarrma@hotmail.com](mailto:Taniacarrma@hotmail.com))

**St Michael's Llandudno Junction** -

Open House Hub 1-3 pm 3rd Thursday of the month (see opposite for more details)

**St Paul's Craig-y-Don**

Thursdays in church at 11 am

after the 10.30 am morning Eucharist

**St David's Penrhyn Bay** -

Fridays at 10.30 am

after the 10 am morning Eucharist.

**Also: St Paul's Craig-y-Don** -

Warm Welcome/Bereavement Group

10-12 noon 2nd Saturday in the church hall



## St David's Church

**The Church is Open** Tuesday, Wednesday and Thursday mornings – for quiet prayer or shared prayer – a cuppa and chat is also on offer – but sometimes all you want to do is sit with our Lord in the silence. We have prayer materials and of course you may light a candle too.

On Tuesdays there is usually a service of Holy Eucharist at 9.30 am, and the prayer group meets at 11.30 am.

**All are welcome!**

# Hwb St. Mihangel

Whoever you are...you're welcome!



## St Michael's Hub

Open House...Open to ALL...Everyone welcome!



Ty Agored...Croeso i bawb!

### Thursday 19th March

Dydd lau yr 3ydd bob mis 3rd Thursday every month  
1-3 yp 1-3pm

@ Eglwys St Mihangel,  
Ffordd Glyn y Marl,  
Llandudno Junction

@ St Michael's Church,  
Glyn y Marl Road,  
Llandudno Junction

### Join us for tea, coffee & refreshments.

### Come along & meet with friends in a welcoming place.

### We look forward to seeing you!

### Croeso cynnes i bawb

o 0 - 99!

### A warm welcome to every from 0 - 99!

Am Ddim! / Free of charge!  
(Mae croeso i chi adael rhodd /  
You are welcome to leave  
a donation if you want to)

For any further information please contact:  
Rev'd Sarah - 01492 702330 / sarahhildreth-osborn@cinw.org.uk



*"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."*

**Whosoever** - the Service for the LGBT+ community and friends. No matter who you are, you are welcome, you matter and in the heart of Whosoever you can find a place at God's table.

The March service will be on **Saturday 21st March at 11.30 am** in All Saints, Deganwy.



Mothers' Union  
is celebrating it's 150th anniversary

All members past, present and future are  
invited to St Asaph Cathedral on  
Wednesday 25<sup>th</sup> March at 2pm  
With our Patron Bishop Gregory

The service will include admission to the  
Community of the Cross of Nails

A boxed afternoon tea is available for £10 ordered in advance  
from [Secretary.stasaphmu@gmail.com](mailto:Secretary.stasaphmu@gmail.com)

May God bless us with hands to comfort,  
a holy anger at oppression seeking justice  
a restless discomfort with easy answers  
enough foolishness to believe that we can make a difference  
Find out more from [secretary.stasaphmu@gmail.com](mailto:secretary.stasaphmu@gmail.com)

### Glan Conwy Branch

The Glan Conwy Branch will not meet in March as such, but all are encouraged to attend the World Day of Prayer service, and members will be attending the anniversary service at the cathedral on 25th March.



# Pilgrimage to the Anglican Shrine of Our Lady of Walsingham July 13th -17th 2026

Cost approx. £500

Includes travel by coach and full board

Travelling with other pilgrims from across North Wales

For more information or to book call Tad Huw  
07779655949 - [HuwBryant@cinw.org.uk](mailto:HuwBryant@cinw.org.uk)

For more information on the Shrine  
<https://www.walsinghamanglican.org.uk>



# WANTED!



## Committee member

We need a new rep for our churches  
North of the A55 on the Llandudno  
Christian Aid committee, following the  
retirement of Jeannette Bennett  
Williams. This does not mean you have  
to do all the work, but rather keep us  
informed about and encouraged to  
participate in the various events such  
as Christian Aid Week.

If you would like to know more, contact  
Dilys Stone in the first instance  
[dilysstone@cinw.org.uk](mailto:dilysstone@cinw.org.uk)



Are you interested in websites and social media?

Would you like to be part of a small group looking at the Mission Area ways of communicating in this field?

Contact Tad Huw for more details  
07779 655949



Out of the 80 million Easter eggs sold in this part of the world every year, The Real Easter Egg is the only one which has an Easter story book in the box, is made of Fairtrade chocolate and supports charitable projects.

Also available are packs of fun-sized eggs (with a story and activity poster) and bars of chocolate. The Easter bar features 'The Resurrection' image by award winning artist Martina Peluso. On the back it says 'May God Bless you this Easter and fill you with peace.'

Have a look at the website to see the full range of products [The Meaningful Chocolate Company](http://The Meaningful Chocolate Company) or visit Footprints (formerly Kingdon Krafts) in Madoc Street, Llandudno.



# WORLD DAY OF PRAYER

A service for everyone!

# Friday 6 March

*I will give you rest, come*

**Nigeria 2026**

2.30 pm

**Our Lady Star of the Sea  
Llandudno**



**INFORMED PRAYER PRAYERFUL ACTION**

24-7 365 Days a year Prayer movement Ecumenical International Women-led

[wwdp.org.uk](http://wwdp.org.uk)

Registered Charity Number 233242



## Aberconwy Care and Share

Providing food and support to families in need.

Please continue to support this Mission Area project both practically with donations and also with your prayers.

New volunteers always needed, and **particularly in the Conwy valley area** for emergency standby (which would only be occasionally).

Contact Julie Regan on [julieregan59@gmail.com](mailto:julieregan59@gmail.com)

### Pray for the World:

O God, who would fold both heaven and earth in a single peace, we bring to you the needs of our broken and hurting world. We pray for an end to violence and warfare, for the comforting of those grieving, and for safety for the vulnerable.

Lord, guide those in power with wisdom and compassion. Turn hearts from hate to love, and from war to peace, so that we may build a world where justice is guided by love and all people can live in security.

Creator of all, heal the wounds of division. Help us to recognize our common humanity and to work together for a better, more sustainable, and compassionate future for every person.

In times of anxiety, give us your peace. Lead us from fear to trust, and fill us with hope to be agents of goodness in a world that needs it.

We ask this in the name of the Prince of Peace, your Son, our Saviour Jesus Christ. Amen

## GAN Y GOLYGYDDION - FROM THE EDITOR

A reminder that **Copy Date is the 20th of the each month.**

All contributions welcome (preferably text in Word format and pictures in jpeg). Items may be edited and the editor's decision is final.

Welsh language items welcome - preferably bilingual or with a summary in the other language. Please submit all items to [jastone@dunelm.org.uk](mailto:jastone@dunelm.org.uk). Diolch!

## Conwy COMMUNITY SUPPORT HUB

A one-stop-shop to access information, guidance and practical support, whatever your circumstances.

Call us on **01492 523853** or **07429 503303**

You can even send us a text or a WhatsApp to our mobile if you find that easier.



Bwrdd Iechyd Prifysgol  
Betsi Cadwaladr  
University Health Board



Ariennir gan  
Lywodraeth Cymru  
Funded by  
Welsh Government

## Some dates for your diaries:

### Sunday 19th April - 3.30 pm St David's Church

Licensing of Revd Jules Harris to the Mission Area, with responsibility for St David's and St Cystennin's

### Saturday 9th May - Mission Area Day

Venue and details to be confirmed, but please note the date as we hope this will be an important opportunity for us to come together and look at the future of our church life and the part we have to play in demonstrating God's love to those around us.

### Concert on Friday 27th March

At St Paul's Church, in aid of St David's Hospice. See the details pictured right.

**SONGS FROM THE SHOWS  
MUSIC FROM THE MOVIES**

**CANDLELIGHT CONCERT**

IN AID OF Hosbis Dewi Sant St David's Hospice

FRIDAY / DYDD GWENER 27.03.2026 - 19:30  
ST PAUL'S CHURCH, LLANDUDNO, LL30 1TP

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FR REGULATOR

### Easter Market Monday 6th April

At St Grwst's. See these notices for details.

ABERCONWY MISION AREA

St Grwst Church

**EASTER MARKET**

Easter Monday, 6th April 2026  
11am - 4pm

Tea, coffee and cake available all day!

St Grwst's Church  
Church St  
Llanrwst  
LL26 OLE

f St Grwst Church, Llanrwst

For more information and to book a stall please email: [saintgrwstchurch@gmail.com](mailto:saintgrwstchurch@gmail.com)

ABERCONWY MISION AREA

Eglwys Sant Grwst

**MARCHNAD Y PASG**

Dydd Llun y Pasg, 6 Ebrill 2026  
11yb - 4yp

Te, coffi a chacen ar gael drwy'r dydd!


Eglwys Sant Grwst  
Church St  
Llanrwst  
LL26 OLE

f St Grwst Church, Llanrwst

Am fwy o wybodaeth ac i archebu stondin anfonwch e-bost at: [saintgrwstchurch@gmail.com](mailto:saintgrwstchurch@gmail.com)

## Llandudno Cytûn Good Friday event

Details for this had not been finalised when we went to press, but look out for information because it is hoped there will be an act of witness and worship in Llandudno on Good Friday.



*Llandudno-Keswick*

# BIBLE WEEK

**5–8 May 2026**

with  
**MARK ELLIS**  
(CEO, Keswick Ministries)

Six sessions of inspirational Bible teaching on the theme of:

## HOW TO LIVE BOLDLY



**Tues, Wed, Thurs at 7.30pm**  
(tea/coffee after the session)

**Wed, Thurs, Fri at 11.00am**  
(tea/coffee from 10.15-10.45am)

No charge.  
Freewill offering

**Venue:**  
**Gloddaeth Church**  
Chapel Street  
Llandudno  
LL30 2SY

[www.gloddaethchurch.org/bible-week](http://www.gloddaethchurch.org/bible-week)  
✉ [bible-week@gloddaethchurch.org](mailto:bible-week@gloddaethchurch.org)  
f Llandudno Keswick Bible Week



**M.R.C. SEARLE**  
**OPTOMETRIST**

*31 Mostyn Street, Llandudno, LL30 2NL*

*Tel/Fax: 01492 877725*

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Web: [www.lbandh.co.uk](http://www.lbandh.co.uk)

# Deganwy Foot Health Care Clinic

131 Station Road, Deganwy  
Conwy LL31 9EJ

**Susan Quinton**, Foot Health Care Practitioner O.A.Dip. FHP  
Fully qualified, insured with a DBS check.

## Are you suffering with any problems off the list?

- Reducing Hard skin/Callus
- Enucleating Corns
- Reducing thick/fungal nails
- Diabetic Footcare
- Athletes foot
- Nail trimming and filing
- Finger nails can also be filed at an extra small fee.

Have your treatment in a comfortable, caring and friendly environment. I look forward to meeting you.

**To make an appointment**, call Susan on: 07957867516

## The Coffee Connection Bereavement Meet & Chat

Come and join us for a tea or coffee and meet other people, who like you, have experienced bereavement. We meet once a month on the third Thursday, between 10am and 12pm at **Providero, Upper Mostyn Street, Llandudno**

Join us  
Every third  
Thursday  
of the month,  
10-12

the good  
funeral  
guide.



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